



INSIDE THIS ISSUE:

Editorial ..	1
Dear Me..	2
Under the ..	2
Green house ..	2
Parents ..	3
Seasons ..	3
Camping ..	3
Niagara ..	4
Summer ..	4



Welcome to Chicago Chautari Times - 89th Edition

What factors to our age?

When a baby is born, knows nothing. This is what we think and say it is true. Over time a person gains knowledge, the degree of which varies from person to person. Some people also attain wisdom; the breadth of which may initially seem arguable or questionable, and may also be fallible and so on. But the truth of the matter is that the effect of the wisdom of the person becomes gradually obvious and valuable only when many of us find over time and again that the actions and the reactions through the deeds and the manners, the patient or the calmness, and so on of the person shows that it begins to impact on one or more individual clearly reflecting the virtues that matters to such individual and permeates to the welfare of the society.

Such people live for their own joy and for the joy to others somehow bringing changes to reduce the difficulties and challenges of ignorance of many; they subtly make understand things that are important and things that are not important for a life to live and in the process help understand the purpose of the life and the living.

Such people are quite rear and the rest of us are plentiful. When paid unbiased attention, people of wisdom do not consider what other think about them. It is found that their attention is how to live so that own life can be joyful to self and to the other. They seem to show no disagreement, no friction with people and things. In many ways they accept things as they are and help adjust themselves in their behaviors to make more things acceptable while those thing are not to others. In many ways though, the behaviors of wise people resembles to children also. They forget, they forgive and they seem to be as clean as new page of a note book. So are they like small children largely playful and cheerful?

Other than this kind of people and all the small children, rest of the people begin to enjoy less as they grow up. What is commonly found is that the number of things that are acceptable gradually becomes less and less as one gets older and older. So age seems to follow inverse principle to breadth of things that are acceptable. Sounds strange, but it is true.

How does such changes in people compare to love? A baby loves everybody without any precondition. We know this. Baby does not discriminate. With ages, such things changes, which we can experience every day within ourselves and also we notice with others whom we deal with more or less regularly. With age we tend to put conditions to like something. Therefore it seems that the number of people we like and live with seems to shrink. Don't we hope it to be the contrary? It seems it does not work that way as we can experience day and night. So do we lose what we love as we grow?

Dr. Bishnu Phuyal, Ph.D. (Continued on page 4)

NEWSLETTER TEAM :

Ankur Sharma
Bishnu Phuyal
Prabhakant Das
Yagna Pant

For birthday
announcements, articles,
success stories,
quotations, poems, write
to us at
peopleofnepal@gmail.com

TEL: 224 236 2650

Office Spaces Available for Rent - Size varies from 250sqft to 2100sqft

Located in Mt Prospect Downtown Area, close to metra and shopping

Flexible rent option with customization available

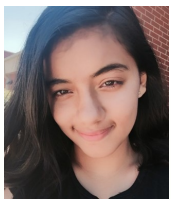
Like us on Facebook: <http://www.facebook.com/unicgrouppllc> or

Visit us at <http://www.unicgrouppllc.com> for more details and pictures.



UNIC GROUP INVESTMENT LLC

A Real Estate Investment Company, Estd 2014



Dear Me

Dear Me,

School is starting sooner than you care to admit. I know you're excited to be around your friends, and dreading the rest of the experience. So I thought it was time to sit down and talk a bit. Promise to be real about things-because if you're not going to be honest to yourself, you truly have no hope. Let's start with the bad news. It's going to be hard. You're going to be stressed about that English essay, and your Chemistry project, and the paper you have to write for History, and all the quizzes and tests you can imagine. Someone's going to start some rumor about you and some person is going to be incessantly irritating and you're going to feel trapped in your own life. When (not if, when) this happens, look back on this letter. It should remind you that you study first, work later, and revise again in the morning to get through all that work. That's what has always worked for you. *Do it*. Remember that BuzzFeed video-"Procrastination is a sin." This letter should also remind you that stressing about all of that work is not going to solve any problems. That is a scientific fact. Google it. About the drama-oh, come on. Like you're going to know any of these people after four years! Also; their opinions are a) not within your control, and b) something they are fully entitled to. You have no say in what someone chooses to think. So you can shut up and stop letting it affect you. In fact, here's a good rule of thumb; if you can't change something, don't worry about it. You have plenty of things to worry about that you can control. Like those grades. One last thing before you go; do things that interest you, do everything that makes you happy. Yes, it might seem like a lot, but I have full faith that you will fly through it all with shining colors. And honestly, for you, my opinion is the only one that matters.

- Rhitom Mishra

Under the Summer Sun



The sun shines,
Oh so so bright,
Shining, shining,
Giving us great light.

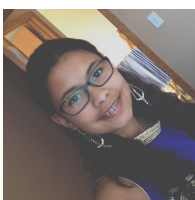
The sand,
The sand,
Oh so warm,
When the sun shines.

The buzzing bees,
So hard at work,
Collecting pollen,
From the blooming flowers,
when the sun shines,
Oh so bright.

The ocean waves,
Splashing against the warm sand,
Splashing and splashing,
With, Oh So great might.

Under the sun,
So many things,
Warm and bright,
Wet and with great might,
Being under the sun,
Is so much fun!

- Arya Rimal



Is the Green house effect a problem?

The Earth's climate has been changing drastically over the past few years, and the results are mostly negative. The populations of many animals are going extinct, the sea levels are rising, and the storms are becoming more intense. Many can argue that this is because of air pollution, but methane and carbon dioxide wouldn't be nearly as harmful if it wasn't part of the greenhouse effect.

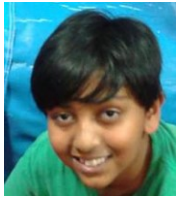
So what is the greenhouse effect? There are substances, called greenhouse gasses, which hover above the Earth, trapping in heat. So basically, it's like a blanket surrounding our planet. This brings me to another question- Is the greenhouse effect a problem?

No, it isn't. It may contribute to global warming, but it is not the problem. Without it, the Earth would probably be a frozen popsicle floating through space without any life forms living there. By trapping in heat, the warm blanket kept this planet nice and cozy for centuries. So the problem isn't the greenhouse effect as much as it is us humans.

We are the ones polluting and overwhelming natural cycles that came after the creation of the Earth. We are the reason why animals meant to live are dying, why the poles are slowly melting, and why storms keep getting scarier. It's all a warning, yet we are doing nothing to stop it.

No, the greenhouse effect isn't a problem. Global warming is. Climate change is. Our greediness is. Our inability to improve life with natural and renewable sources is. We need to realize that we owe the Earth a solution to climate change.

- Shikha Adhikari



Types of Parents

You know as I'm growing up I'm starting to notice certain character traits that my parents have that separates them from the rest. This got me thinking about the types of parents in the world. So I've created a list of types of parents that I've heard of.

Number 1, the strict parent. This is basically what the title states, a strict parent! But I'm not talking about semi strict, I'm talking about military drill instructor strict. This parent is so scary that a friend of yours would come to your house and literally pee their pants. Not even joking!! There's even a show on YouTube called Worlds strictest parents. There is a TV show dedicated to how strict people are. Amazing right? Now even though this type of parent sounds bad there are some good traits about it. For example, since the parent is strict they will help you avoid doing bad things like drugs.

Number 2, the doesn't care parent. This title is pretty self-explanatory so I won't explain it. Just kidding, I still will. This parent basically doesn't care what the heck their kid does. Their kid could rob a bank and they wouldn't care. Their kid could start beating a kid up and the parent would be watching 15 feet away with a smile. Even though this parent sounds bad because they let their kid do whatever they want there is a good thing about this type of parent. I basically just told you the reason. You get to do whatever you want! Why is that so good you may ask, well why is that good? Its good because you have freedom, you don't have anyone who will tell you what to do. Who doesn't want that?

Number 3, the depressed parent. This is someone you might not see as often but I will still talk about it. This parent is so depressed all the time they couldn't care less about what happens to them. They could be standing in the rain without an umbrella and they wouldn't care at all. Still not joking about this. I wouldn't be surprised if this became the plot line for a movie. First 1\3 of the movie a woman is depressed and sad the next 1\3 woman is slowly becoming happier and the last 1\3 woman is happy beyond comprehension and is happy the rest of her life. See what I mean? The good thing about this parent is that they aren't like some annoying neighbors who always bother you. This type of parent is calm and collected. Meaning they won't bother you like some people (hint hint my sister).

- Alok Das



Seasons

Four different types
Of powers to hold
Always one
Never none

Individual
For each of their unique
Horrrifying
Or breathtaking qualities

Winter
A very beautiful thing
But with the sparkling snow
A brutal blizzard she will bring

Then we have Spring
She helps nature's bright sprout
Yet as the flowers keep growing
The storms burst out

Summer
Thinks she's beautifully divine
With all the fun in the sun
The heat waves create a line

Finally comes Miss. Fall
Here to wrap everything up
Her colorful leaves swirl
As the wind begins to highly speedup

The four that everyone has heard of
The ones that keep control
But as they shine through the night
Be warned, for darkness will be their goal

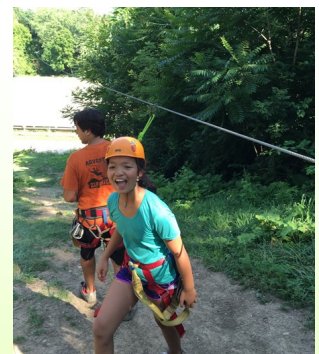
- Deepa Phuyal

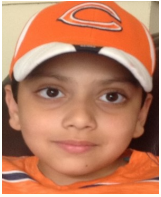
Camping

Camping was great because we got to zip-line, sleep in a tent, and most of all the campfire. Camping was awesome because we got to zip-line one thing that I love about zip-lining is the air against me. Two is I liked how I could do tricks, and most of all is when my aunt didn't go on. Camping was cool because we slept in a tent one thing I loved about sleeping in a tent was looking at the stars, waking up and hearing the sound of nature [crickets and birds], and most of all I love playing by myself, relaxing, daydreaming, and listening to music in the morning and when I'm bored.

Camping was great because we got to zip-line, sleep in a tent, and most of all the campfire. Camping was fun because we did a campfire on the first night while and under kids were sleeping what I loved about doing a campfire is everybody sung old Nepali songs, everybody laughed a had an awesome time, and most of all when everybody splashed water on the fire at the same time it was all steamy and awesome☺

- Biswo Maharjan





Niagara Falls Trip

Niagara Falls is a great place to be. The water falls that are in Niagara Falls are these three Horseshoe Falls, American Falls and the smallest Bride Veil Falls. When we went to Niagara Falls by car and my dad drove. We went at 5:00 am in the morning and we came there at 3:45 pm. We got to our hotel and then we went to the Falls. We bought some frozen Yogurt to eat. Then we got to our hotel and then we slept in our beds.

We went out of hotel and starting to go Mackinac Island. It took about 7 hours to the hotel to Mackinac Island. We came at a hotel named Bridge Vista Beach. When we got there we checked in and then we went to Mackinac Island. We ate chocolate and pizza there. We got to see the Island from a horse! Then we went to the hotel after that I had a good sleep. Next Morning we checked out of the hotel and we drove home. We came in the evening and I was tired.

I had a fun trip! ☺

- Aarogya Regmi

Goodbye Summer



Goodbye summer
 Goodbye, heat
 Goodbye, pool
 Hello, Homework
 Hello, school

Now I need to get situated
 I can't play
 In Music I sing
 In Art I use clay

In Math I learn pre-algebra
 In History I learn the past
 At the end of the day
 I go home at last

In Gym I exercise
 I really don't like school
 I hope school doesn't last long
 It's killing my summer cool

- Simran Adhikari

Editorial - Continued from page 1

And therefore what we can say is that we lose as we begin to set conditions for our own sake. Strangely each of us also have different set of conditions that we favor and decline, need and avoid, and hence we begin to disagree or confront with other. This is true to many of us. The exceptions are only those wise ones, who are very few. Then what we become by growing, good or bad? Should not we remain like a baby? That way we like everyone and do not care whether someone likes or dislikes us? Are not those wise just like that? Why are those wise grown up person that are like baby rear to find? So, with aging, are we gaining or losing the meaning and the purpose and the importance of our own life?

- Dr. Bishnu Phuyal

Best Wishes to our Birthday Stars

Submit your birthday Information with the pictures by via email to peopleofnepal@gmail.com by 20th of the month, to be included in our next edition.

Come, Share and Advertise With Us
 Email:

peopleofnepal@gmail.com
 Please share your stories, pictures, and
 be an active