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## Welcome to Chicago Chautari Times - 90th Edition



### Nepali American Center handovers Earthquake Donation Fund to NRNA

Many of our fellow Nepalese perished from devastating Earthquake of 2015, many were injured and there was loss of many more properties. At such time of natural difficulty, Nepali American Center reached out to fellow Nepalese and friends of Nepal asking for donation to help the victims for immediate relief and reconstruction.



Our records show that many individuals and organizations from Chicagoland area, many more from across USA and some even from European countries trusted NAC and donated for the cause. US senator Dick Durbin and Congresswoman Jan Schakowsky also attended and helped to raise the funds. With overwhelming outpouring of support, NAC was able to raise about \$55,000.

Our donors wanted to use the fund for Earthquake victims through NRNA ICC. Out of the total, NAC used about \$3000 for immediate relief purpose through NRN ground volunteers. It transferred a sum of \$15,000 for intermediate relief plan work to NRNA NCC USA, which was unused to date pending agreement between Nepal Government and NRNA ICC for identifying the reconstruction project. NAC was waiting to transfer the remaining funds to NRNA ICC when the reconstruction project was approved and finalized by the Government of Nepal. NRNA ICC agreed to construct 1000 model houses in the Earthquake hit area of Gorkha district.

We like to inform our donors that NAC vice president Mr. Ramakant Kharel handover remaining fund of \$36,000 by presenting a check to NRNA ICC president Mr. Shesh Ghale during the 9<sup>th</sup> NRNA Regional Conference in New Jersey USA on Saturday August 27, 2016. With that NAC fulfilled its promise to the donors in using the fund via NRNA ICC to help Earthquake victims. NAC is also happy to inform that NRNA ICC will use this fund and all other fund it collected in a transparent manner and with minimum administrative costs.

NAC likes to thank all the donors for their trusts and assures them that the fund is in the hand of our own philanthropic president Mr. Shesh Ghale.

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## The importance of Animals

Animals are being adopted by the thousands each year, but people are gradually moving away from much needed lifestyles with animals. Even though animals can be disheveled and repulsive, people can improve their lives through interacting with and observing animals. Animals provide companionship, bring protection while fulfilling our needs, and have specialized jobs designed to help us.

Animals provide companionship by displaying traits of love and compassion. In the story "Saying Farewell to a Faithful Pal", Marley, John's dog, taught him about friendship and loyalty, by following him everywhere. Marley was a loyal dog and a true companion. According to "Miracle Cat", Oscar the cat, cuddles up with the residents that are facing their final days. Oscar provided much needed comfort and support to the residents. Also, in "Dogs Make Us Human" by Temple Grandin, we wouldn't have become who we are today if we hadn't co-evolved with and developed a relationship with dogs. We are dependent upon animals to provide comfort. People need animals to provide happiness and support, so you may need an animal to comfort you when you need comforting.

Animals can provide protection and fulfill your needs when you need it the most. In, "Dogs Make Us Human", a dog named Max had trained himself to monitor his owner's blood sugar, while she was sleeping. If it got too low, he would wake up her husband and make sure he took care of her. People need dogs like Max to protect them. In the article, "Miracle Cat", Oscar was able to predict the deaths of about 100 people. His presence brought awareness to the doctors and the doctors could warn families. We need cats like Oscar to fulfill our needs and protect us. According to the website Sheppard Software, a team of 20 sled dogs raced towards a desperate town with a serum to a disease. These dogs prevented a lot of deaths by doing so. The people of the town were dependent on them, just like us humans are dependent on animals. People need animals to protect them when necessary, and you could to someday.

Animals are trained to do specialized jobs in order to help us. There are a lot of things we can't do that animals can, according to Temple Grandin. We could indeed use their help. Animals can be show animals, or guide dogs, and other things like that. We need them to do the things we can't do. In other words, we need them to fill in the gap. In, "Miracle Cat", Oscar had the natural ability to seek out the dying. This was his job. It helped the doctors and patients because it would be a warning. This helped the patient get ready, and the doctors were vigilant. People need animals like Oscar because they do the things that we can't. Based on evidence from Sheppard Software, there are assistance dogs to help people with various disabilities. These people need those dogs to do their everyday things because they can't do themselves. Dogs are one example of a great pet. People need animals to help them with the things they can't do, and you will too someday.

People need to interact with and contemplate animals in order to lead a better life. Animals are able to assist you with jobs, bring you protection, and provide you with companionship. People need animals like Max, Oscar, Charley, and Marley to cuddle up with you, snarl at strangers for you, and retrieve the mail for you. Animals are the beings you need to have a more superior life- so get up and get one!

Me and my sister have fish named Maya. - **Kunj Bastola**



## An Experiment with Floating Paper

In the following paragraph, I am going to write about an experiment I conducted. It starts with my interest in science. One day, when I was at school, we did an experiment where we used paper people and dropped them so their arms spun like helicopters. That day when I got home, I tried one of my own experiment.

There, I tried the following activities. I got a sheet of paper, and I folded it into an airplane. I clipped a paper clip on the plane nose then I dropped the plane. It spun when it was about to touch the ground. Then I thought, "What would happen if I spread the wings?" So I cut the wings into two halves, folded one wing forward and one wing backward like the hand of the paper person, and then I dropped it. The plane twirled I got very excited. I was curious about what will happen if I unfolded the wings into a single layer. This time the plane twirled all the more. It was an amazing experiment! - **Isha Mishra**



## Social Problems

*Social Problems are outcomes of irrational practices.*

Social Problems are the wrong and bad activities prevailing in our society. For e.g. gambling, torturing, child labor, drug addiction, etc. They all are very harmful for us. So, we should not involve in such criminal activities. They all are illegal. Our involvement in such activities may decrease our reputation in the society also.

### Drug addiction:

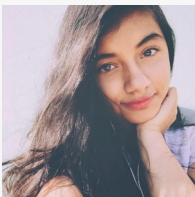
Drug addiction is one of the social problems of our society. In above picture, a person is injecting himself with drugs. Some examples of drugs are heroin, marijuana, brown sugar, etc. It is illegal. It is common in adults as well as youths. It is a disease and habit. Due to the pressure in home and schools, teenagers relief themselves by injecting with drugs. They take harmful medicines in high amount which transform into drugs. Drugs are harmful for our health. The people involved in drug addiction are known as addicts. The addict is habituated to take drugs. He can't live without it. After taking drugs, he disturbs other people in the society. He wastes his money as well as time. His reputation also decreases in the society. He is physically and mentally restless. He involves in social crimes like theft, robbery, violence activities, etc. So that he can be arrested by police also. Many people are destroying their beautiful lives after being involved in drug addiction. So, drug addiction is harmful. We should not involve in such illegal activity.

### Child Labor:

Child labor is an illegal activity. It is major social problem prevailing in our society. In above picture, a woman is forcing a child to wash the dishes. To make a child to work before 18 years of age is known as child labour. Children are the human beings below the 18 years of age. They have right to get food, shelter, cloth, education, etc. It is the responsibility of every parents to provide all rights to their children. Some children are deprived of education. In remote areas of Nepal, most of the children are busy in household activities and taking animals for grazing. They can't get education. Some of the children are working in other's houses and factories in urban areas. Many children in Nepal are victims of child labor. Child labor is a social crime. A child should get education not employment. It is his time to read and study, not to work. As child labor is a criminal activity, no children should be involved in working at the time of getting education.



- Sanskriti Phuyal



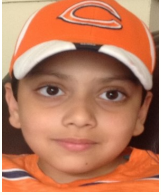
## Helpless

What do you do when you feel helpless? I am of the habit of ignoring whatever the issue is and engrossing myself with miniscule irrelevant acts to occupy time. My excuse of choice is usually either that I have time to deal with whatever it is I must deal with, or that I'm only a child anyway, what could I really even do? I reinforce my lack of power until I begin to believe it. But now I feel as though I'm at a crossroads. Determination has power, but for me, the only way the power truly reaches it's potential is if it's self-generated. If that self-generation is blocked by the remnants of reinforced helplessness, than I truly am helpless. And the only person I can blame is myself. All of those times when something could have been done, I did not do it. It was out of pure laziness, at first. I began to lose sight of the possibilities of actually taking action. That lead to a fear of action; because it is human nature to fear the unknown. But fear is not easily accepted, and the best way to deny fear is to fortify it. Upon fortification, you are no longer a coward; you are wise to fear this monstrous all-powerful force that is undoubtedly ferocious. The fear covers itself in a shroud of wisdom and suddenly you are weightless. But what you don't take into account is how all of those things you were afraid of that you ignored pile up. What a weight they become, to truly force you to acknowledge how helpless you are. Even though you spurned them with cowardice, they come back to help you; to drive home that helplessness until you can't take it anymore. You rise up with righteous anger to decide to change; but against whom? Yourself?

- Rhitom Mishra

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### TEEJ

Teej is a biggest festival for Hindu woman. Hindu woman do fasting for her husband long life and good health. According to Hindu religious Goddess Parvati wish to marry with lord Shiva and she did teej puja, fast to make happy to lord Shiva and they married .So that Teej's day woman worship lord

Shiva .

The day ahead before Teej Puja it's called Daar and that night all woman make good food, sweet that food is Darr and they eat at night. Woman wake up in the morning and they don't eat anything the whole day. They don't even drink water and they go to the temple for puja in a temple that has Lord Shiva. A married woman does Teej to make her husband have a good and long life. Unmarried women does Teej for a future husband. Teej another name called Hartalika. Teej welcome the monsoon season, girls and women are singing songs, dances getting to be with their family and friends. Woman mostly wear saree that are the color red. Teej happens in August or September. On Teej day woman can't eat at all until the next day. My mother always does this Puja. She goes to the temple to do the Puja with her friend. In the temple more than one hundred woman do the Teej Puja . Everyone is happy and they all dance. I hope you have a good Teej !!!

- Aarogya Regmi



### School

Back to school  
Back to school  
A lot of my teachers  
Are probably cruel

Classes, classes  
Now I have eight  
Classes, classes  
I really hate

I'm really bored  
Don't know what to do  
The teacher glares at me  
Yes, I hate you too

Ring, ring  
It's time to go home  
Where I'll do my homework  
All alone

- Simran Adhikari

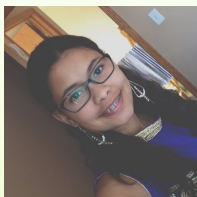


### Labor Day

Labor Day takes place on September 5th. This year on a Monday. In the U.S Labor Day is a national holiday celebrated by every state. Labor Day is a day to recognize American Workers of all industries and their contribution to the U.S Economy. Labor Day is also meant to give workers a well-earned day off from their work.

This is a chance for them to relax at home, to get out for recreation, or anything else that these hard workers choose to do. Overall Labor Day is a special Day that is celebrated all over the U.S, for all the hard workers to have a day off, and to recognize all of these American Workers and their contribution to the U.S Economy.

- Aarya Rimal



### Why is Sumer considered the First Civilization in History?

The story of Gilgamesh, along with the spread of agriculture, proves Sumer to be one of the first civilizations in history. Although no one can be completely sure of this, the epic of Gilgamesh strongly suggest it through its contents and the fact that it is one of the earliest written stories discovered by historians. Further evidence is given by the land and crops around at the time. The thriving of agriculture in Sumer and its surrounding areas began in 8000 B.C.E., whereas in different parts of the world, it only started after 4000 B.C.E. Because the land was rich in crops, at that time, it proves that the Sumerians knew how to grow and harvest plants. The main crop on everyone's farm at the time was wheat. Because the stems were too thick to cut and there were other unflattering things that came with growing this plant, Sumerians picked seeds off the ones they thought were easier to tend to, and planted those. Over time, this is how they domesticated plants to better suit their needs. This leads me, along with many others to believe that Sumer could be one of the first civilizations this world has seen.

- Shikha Adhikari

### Best Wishes to our Birthday Stars

Submit your birthday Information with the pictures by via email to [peopleofnepal@gmail.com](mailto:peopleofnepal@gmail.com) by 20<sup>th</sup> of the month, to be included in our next edition.