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COMPLETING 7
SUCCESSFUL
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Chicago Chautari Times

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CCT WISHES
EVERYONE
HAPPY NEW
YEAR 2073

NEWSLETTER TEAM :

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For birthday
announcements, articles,
success stories,
quotations, poems, write
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Welcome to Chicago Chautari Times - 85th Edition



What other thing parents need to do?

Will that be an achievement or will that be pure satisfaction? Or will that be a work done for building a trail towards a better after-life and leaving a beautiful society behind? What could be those actions for a mother and a father to their children?

Parents' duties are important and demanding for all things that matters to their children. Which parents don't dream, which parents don't sacrifice, which parent will not be anxious for the best for their children? For them, nothing else is important. In simple words, they act in every possible way as much as they can to keep their children physically healthy, properly educated, help them understand the value of working hard with honesty to live a good life, have responsibility to the elders, respect and truthful to family members and abide by the rules and contribute to the society to maintain and advance it. And also, are not the parents' actions contribute to raise the social bar for those who are affected and for those who may.

Are not these lifelong actions of parents the only thing to bring sense of fulfillment to them? It is certain that parents find greatest satisfaction and sense in it the purpose and meaning of life, otherwise a life that is inevitable to end sooner or later from this form will end anyway.

Parents alone will not be able to accomplish all their responsibilities. Parents also need to work with the neighbor, with the community, in the village, and in the society and so on. They have to have strong commitment and at least modest participation in the community. Young children learn social values from the society that parent alone cannot offer otherwise. One small example is a community school, which is very important to create an environment for our children to see and learn from each other. The contribution of the parents in this is less but very critical. Without this parents responsibilities to their children remain incomplete no matter what all other big things they will do.

- Dr. Bishnu Phuyal

CNFS Invites you to Nepali New Year 2073 Dhamaka

Date: Apr 17th Sunday, 6PM Onwards
Venue: 2519 W. Devon Ave, Chicago, IL 60659
(Northshore Banquet Hall)
Ticket : Adv 30USD, Walk in 35USD

Hurry Up to get your Seats, limited Seats Available ! For more details, visit www.cnfsusa.org or contact President and Program Coordinator Beni Madhav Kandel (Gopal) @773 370 4013



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Dayanand Bajracharya

For this article, I'd like to write on the late Mr. Dayanand Bajracharya. He was born in Maru Tole, Kathmandu to Mr. Vedananda Bajracharya and Mrs. Jwala Devi. Bajracharya was home-schooled until the age of ten, under the strict supervision of his mother. Though his father was interested in enrolling him in the fifth or sixth grade at the time, Bajracharya proved smart enough for the ninth standard. He completed his SLC or tenth-grade national exam, at the remarkable age of twelve, and then proceeded to join an Arts College. Soon, though, he found his interests wandering, and his motives in life changing dramatically.

To remedy this issue, Mr. Bajracharya joined a Public Science academy, and there, found his passion. He began focusing on botany, a far stretch from the arts he thought he had drive towards. After completing his Intermediate in Science with flying colors, Bajracharya decided to apply to a medical college. Unfortunately, he was unable to convince the authorities there that he had the ability to undertake the "Herculean tasks that the college had in store." They informed him that they could not accept him, which led his decision to join Tri Chandra College for his Bachelors in Science.

While completing his BSC, Bajracharya delved deeper into the world of botany. As he reconnoitered further into the nooks and crannies of his field of fascination, he uncovered query upon query. Unable to find the answers to the questions that plagued him so relentlessly, Bajracharya spent hours poring over small buds and samples of campus plants he found. This apparent magnetism refused to let up over the years, and although Bajracharya continued all of his sundry courses, botany took the place of the sun of his life, where all others revolved around and thrived through. Consequently, when faced with the decision to continue his degree in Science or join the medical college he'd been dreaming of, Bajracharya chose the former.

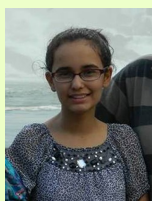
Despite the opposition of his family, who would much rather their son become a doctor, which was deemed even more prestigious than it is now. But deciding to follow the answers to the questions that had been beleaguering him all these years, Bajracharya left to join Gorakhpur University through a scholarship from the Ministry of Education. He went to study for his Masters in Botany and obtained a First Class certificate. It was at Gorakhpur University that the spark that had been burning within Bajracharya came to life. All of his questions about Plant Physiology were slowly beginning to unravel. He completed his Masters and returned to his hometown, where he began to tutor BSC students for their botany courses.

Eventually, more opportunities began presenting themselves to him. An opening in a Plant Physiology course in Freiburg, Germany came into sight and Bajracharya leapt at the chance. Because the minimum requirement for the course was a Masters in Science, Bajracharya secured his place there by default. He pursued yet another Master's degree in Plant Physiology before completing his PhD there as well. He made his first, small mark in history as the first Nepali to obtain a German degree.

Bajracharya's time in Germany proved to be the most fruitful of his life. Bajracharya had the coveted opportunity to work with Nobel Laureates on a day-to-day basis. He traveled all around the world, learning extensively through the process. In his lifetime, he has visited 40 countries and has worked with 31 Nobel Laureates.

Bajracharya never stopped setting records. He managed to become the youngest professor at TU and the youngest rector at age 41. He also has served the longest in TU, having been in service for 30 long years. Never one to remain idle, he managed to complete four books on the side of his career. Even after becoming so successful, Bajracharya does admit to some regrets. "...I had the opportunity to continue my work in America, but I declined to come and serve my motherland. Now, I have the feeling I could have contributed much more in the field of Science, and served humanity much better if I had taken up their offer and joined their University. That has always been my biggest regret."

With this regret, Bajracharya leaves behind a burning message; that before all, we are citizens of the world who should put that before all else. We owe ourselves first to humanity and its progression, and while Bajracharya stands as a loved emblem of the potential of all Nepalese, his impact would have been just as remembered and far wider in the lives it changed had he kept this in mind. - **Rhitom Mishra**



The Progressive Era

The Progressive Era changed America and the areas of urban life, public health, and conservation. For urban life and public health, different acts were passed. Some acts were passed like the pure food and drug act. This allows the sale both food and medicine to be banned. It was not healthy to have rotten food so when it was found it was prohibited. People who package meat would mix the bad or rotten meat/product together and repackage it.

Conservation was a big part in the Progressive Era as well. Skyscrapers were invented and then multiple jobs could be a part of one building. Also elevators were invented and installed in the skyscrapers the people to go to work in their floors. National parks were for entertainment purposes but it also preserved land and animals. Theodore Roosevelt founded many national parks to control how America's resources were used. - **Aarya Regmi**



आजका बालबालीका नै भोलिका संचालक

आजभोलि संसारको चाहे निकै बिकसित भाग होस् वा पिछडियको भाग होस् जताततै विसंगति, असन्तुष्टि र समस्याहरु मौलाउदै गई रहेका छन्। फरक स्वरुपमा मात्र हो,कहीं खाने लगाउने र शिक्षा स्वास्थ्य जस्ता आधारभुत कुराहरुकै समस्या छ भने कहीं मानसिक चिन्ता, असन्तुष्टि, झैझगडा, रोग ब्याध आदिले समाज आक्रान्त भईरहेको छ।

यी समस्याहरुबाट छुटकारा पाउन कसैले केहि गरिदिए हुन्थ्यो भनेर सोच्छौं अनि आशा पनि गर्छौं। यी समस्याहरुबाट छुटकारा पाउन तपाईं हामी आफैले गर्न सक्ने भरपर्दा थुप्रै उपायहरु छन्। ती मध्येको एउटा मुख्य उपाय चाहिँ "सानासाना बालबालिकाहरुलाई युगको

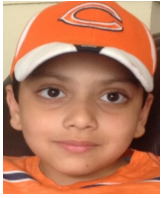
माग बमोजिम असल कुरा सिकाउन हामी आफैले हाम्रै आनी बानीमा सुधार गर्नु पर्ने कुरा हो" किनकि आजका सानासाना बालबालीका नै भोलि यो संसारका संचालक हुन्। हामीहरुले जानेर वा नजानेर गरेका गल्तीहरुले नै आजको समाजमा थुप्रै किसिमका समस्याहरु उत्पन्न भईरहेका छन्। गल्लि कत्ति पनि नगर्ने भन्ने कुरा त सम्भव पनि हुँदैन। काम गर्दै जाँदा, जीवन भोग्दै जाँदा कमि कमजोरी र गल्लिहरु हुन्छन् नै। कमि कमजोरी र गल्लिहरुलाई स्वीकार गरेर तिनीहरुको समिक्षा गरि सुधार गर्दै अघि बढ्नु नै मानव जीवनको महानता हो। यी कुराहरु त भए युवा, प्रौढ तथा जेष्ठ नागरिकहरुले आफैलाई सुधानु पर्ने ब्यबहारिक कुराहरु। यो भन्दा पनि महत्वपूर्ण कुरा चाहिँ हुर्कदै गरेका नव बालबालीकाहरुलाई राम्रा कुराहरु सिकाउने नै हो। कुनै पनि बाबुआमाहरुले आफ्ना सन्तानहरुलाई नराम्रो सिकाउने र खाराब मान्छे बनाउन अबस्य पनि चाहेका हुँदैनन्। तर नचाहेदा नचाहेदै पनि जानेर वा नजानेर हिजो गरेका गल्लिहरुले नै आज व्यक्तिगत असफलता र असन्तोष, पारिवारीक बिखन्डन, सामाजिक बिखन्डन, धार्मिक दंगा, भोकमरी तथा क्यान्सर र एड्स जस्ता घातक रोगहरुले पिडित भई बर्षै पिच्छे लाखौं मानिसहरुले अकालमा ज्यान गुमाउन परेको छ। अब सना नानीहरुलाई कसरि राम्रा बनाउने त भन्ने कुरा आउछ। सरसर्ती हेर्दा ख्याल ख्याल जस्तो देखिए पनि यो कुरा अत्यन्त चुनौती पूर्ण छ। तर हामीले प्रतिबद्धताका साथ गर्छु भनि अठोट गर्यौं भने असम्भव छैन, सजिलै गर्न सक्छौं। सानो नानीले ठुलो नानी र आमाबाबालाई जन्मिए बित्तिकै देखि नियाली रहेको हुन्छ। तसर्थ पहिलो कदम नै हामी आफैले राम्रो आनीबानी आहार बिहार गर्नु पर्ने हुन्छ। तर हामीहरु "आज एक दिनले के हुन्छ र! पिजा वा अरु कुनै तयारि खाने कुरा खाउँ भन्छौं" अनि सानो बच्चा सहित संगै बसेर पिजा मात्र होइन कोक, प्यान्टा, चिप्स, बियर, हुवीस्की, सिगरेट आदि आदि अनेक चिज खान्छौं। त्यस्तै हामीहरु बच्चालाई फुल्याउन वा भुलाउन मोबाईल फोनमा अंग्रेजी गीतका धुन आदि आदि ड्याङ्ग डुंग खोलि उसैको हातमा राखी दिन्छौं। हाम्रो पाश्चात्य अंग्रेजी पहिरन पनि बच्चाले नियाली रहेकै हुन्छ। हामीले बोल्ने अंग्रेजी भाषा गीत संगीत पनि सानु नानीले नियाली रहेकै हुन्छ। हेर्नुहोस् हामीले देख्दा ख्याल ख्याल तर कति गम्भीर गल्लिहरु गरि रहेका छौं। किनकि उल्लेखित हामीले गरेका ब्यबहारले अब अस्वस्थ खाना (जंक फुड) खान हाम्रो बच्चाले नै हामीलाई बाध्य पारिरहेको हुन्छ। सानु बच्चाको हातमा मोबाईल फोन खोलेर दिनु वेभको कारणले प्राण घातक बिषको बोटल दिनु सरह नै हो भने अर्को तर्फ त्यो बच्चा बिस्तारै बिस्तारै इन्टरनेट र कम्प्युटरको एडिक (एकोहोरो) भई हाम्रा कुनै पनि कुरा नसुन्ने मानिस बन्ने छ। यी कारणहरुले गर्दा हाम्रा बच्चाहरुले नेपाल देश, त्यहाँको भाषा संस्कृति, भेषभूषा, रिती रिवाज आदिलाई नबिर्शुन भन्ने भित्रि चाहाना पुरा गर्न असमर्थ हुने छौं। अर्को तर्फ हुर्कदै गरेको हाम्रो बच्चा जंक फूड खाने, एकान्तमा बस्ने र खराब संगतमा फस्ने आदि कारणबाट व्यक्तिगत असन्तोष र रोग ग्रस्त भई पारिवारिक बिखन्डन समेत निम्तिने खतरा उत्तिकै रहन्छ।

बिदेशमा बस्ने अबिभावकले बालबालीकाहरुको लागि गर्ने पर्ने व्यवहारहरु यस प्रकार छन्।

- १ सम्भव भए सम्म स्वास्थ्य बर्धक खाने कुरा घरमै बनाएर खाने।
- २ सम्भव भए सम्म ग्यादरिग र पार्टी हरुमा पनि स्वास्थ्य बर्धक खाने कुरा खाने बानी बसाल्ने।
- ३ कामको सिलसिलामा अंग्रेजी पार्टी हरुमा संलग्न हुनु परे पनि साना नानीहरुलाई नलग्ने।
- ४ घरमा अनिबार्थ रुपले नेपाली भाषा बोल्ने।
- ५ ग्यादरिग र पार्टीहरुमा नेपाली गीत र नाच गरेर रमाइलो गर्ने।
- ६ सानो बच्चालाई मोबाइल फोन दिँदै नदिने।
- ७ सानो बच्चालाई संगै राखेर नेपाली मिडियाका राम्रा कार्यक्रम दिनहुँ हेर्ने।
- ८ बच्चाको उमेर अनुसार इन्टरनेटको आबस्यकता र यसबाट हुने हानी नोक्सानीको बारेमा बारम्बार सचेत गर्ने।
- ९ सादा जीवन उच्च विचारको ज्ञान दिई बच्चालाई मेहनती बनाउने र असन्तोषी हुने रोगबाट बचाउने।
- १० सम्भव भए सम्म घरमा नेपाली पहिरन प्रयोग गर्ने।
- ११ प्रत्येक दिन साँझ हुर्कदै आएको बच्चाका के के समस्या छन् बुझ्ने र समाधान गर्ने।
- १२ सम्भव भए सम्म प्रत्येक हप्ता नेपाली भेषभूषामा बच्चालाई लिएर मन्दिर जाने र पूजा र भजनमा संलग्न हुने।
- १३ बच्चाको उमेर अनुसार सरसफाई योग अभ्यास र स्वास्थ्य जीवनको लागि यसको महत्वको बारेमा ज्ञान दिने।
- १४ प्रत्येक हप्ता (शनिबार/आइतबार) बच्चाको उमेर अनुसार उसको आफ्नै सरसफाई, घरको सरसफाई, खाना बनाउने काम, करेसा बारीको काम तथा आगामी दिनका कार्यक्रम बनाउने काममा मनोरन्जनात्मक ढंगले बिस्तारै बिस्तारै संलग्न गराई क्रमिक रुपबाट सक्षम र स्वावलम्बी बनाउनु पर्छ।
- १५ अब युवा अबस्थामा आईपुगेको सन्तानलाई साथिको जस्तै ब्यबहार गर्दै "हामीले जानेका कुराहरु सिकायौं, बाँकि असल जीवन उपयोगी कुराहरु तिमीले पत्ता लगाएर तिम्रो बच्चाहरुलाई सिकाएर अझै ज्ञानी बनाउ" भन्ने जिम्मेवारी दिनु पर्छ।

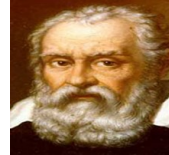
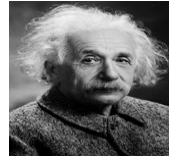
उल्लेखित कुराहरु ब्यबहारमा उताउँदा हाम्रो धर्म र संस्कृतिमा भएका केहि बिकृति हरुलाई समय अनुकूल (पहिचान अझै प्रगाढ हुने गरि) सुधार गर्दै हाम्रो दैनिक जीवनमा प्रतिबद्धताका साथ लागु गर्न सके मात्र रोग, भोक, र शोक बाट आक्रान्त भएको हाम्रो पुस्ताले नयाँ पुस्तामा क्रमिक सुधारको संकेत देख्न पाउने छ। सबैमा चेतना भया..... !!!

- सत्यदेव न्यौपाने



People

There're many people that are famous and here are some. Albert Einstein was born on March, 14th 1879. He won a Nobel Prize in 1921 on physics. His famous equation is $E=mc^2$ (energy equals mass multiplied by the speed of light squared). Sadly in 1955 April 18th he died :0. Galileo Galilee was born on 15th Feb 1564 in Italy. He made the telescope, compass, and the thermometer. He created a telescope with around 3* magnification to 30* magnification. He died at the 8th Jan 1642:0. Sir Isaac Newton was born in England. Newton's law of universal gravitation. Inspired by watching an apple falling out of a tree.



Read the text to solve the equations!!

- 1..... was born in March, 14th 1879.
2. Sir Isaac was born in.....
3. He made the compass, telescope and the.....

Circle the right answer and cross out the rest of the ones that you think that are wrong.

4. What fell out of a tree?
An ASTEROD AN APPLE A LEAVE

5. Write at least 3 to5 sentences on the main idea on the story. Use ideas from the TEXT!

- Aarogya Regmi

April Showers



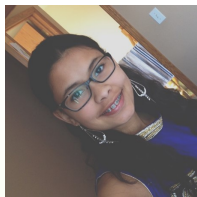
People say
 "April showers bring May flowers"
 But why
 I think for over an hour

 So I search and search
 And then I find
 The answer
 And keep it in mind

The winds of the north
 In early spring
 An increase in atmospheric pressure
 They do bring

The high pressure
 Will lend
 Rain
 And strong winds
 And that is how the story ends

- Simran Adhikari



Peter Pan Words to Live By

"The moment you doubt whether you can fly, you cease for ever to be able to do it." – Peter Pan
 Old Disney movies were not only entertaining, they were also wise. They sent subtle messages about life to an audience of children that had no idea what they meant. The movie Peter Pan always takes me back to my childhood, which makes this quote even more powerful to me. In this scene, Peter Pan is telling Wendy that if she doubts herself, she will lose her ability to fly. I feel this is true for many instances in life. If we all

doubt ourselves about something, we will stumble on that one fear and fall.

I know this because once, I literally stumbled and fell. In fourth grade, we made an aquarium/terrarium inside of an empty coke bottle. There were two small fish living in the bottom, where the aquarium part was, and a cricket on the top where the terrarium was. My group was the first one that had to go up in front of the class and present our findings about that ecosystem. I was nervous because this was my first graded presentation I had ever done. On top of that, my group made me in charge of holding our coke bottle filled with living organisms. When we walked to the front of the class, I looked back at the paper on my desk with my lines, hoping I could remember what they were. Because I was too caught up in doubting myself, I didn't pay attention to the bag in front of me. You can guess what happened next; I tripped and the whole aquarium/terrarium broke. That is the story of how I killed two fish and a cricket in a few short moments.

This is not the only time I have ever doubted myself, but I know that each time, if I had believed I could do it, the result would have been better than the ones I had gotten. Although Peter Pan was talking about flying in this quote, to me, it means more than that. If you truly believe you can do something, you will be able to do it through perseverance and no self-doubt. However, the minute you start thinking "I can't do this," your words are bound come true. You should never keep yourself from soaring by simply thinking you don't have what it takes to fly. - Shikha Adhikari