

CHICAGO
CHAUTARI
TIMES 84TH
INTERNATIONAL
WOMEN'S DAY
EDITION.



Chicago Chautari Times

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VOLUME 7, ISSUE 12

MAR 2016 NEWSLETTER

Welcome to Chicago Chautari Times - 84th Edition



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A Call to Heartily Celebrate Women's Day

"Planet 50-50 by 2030: Step It Up for Gender Equality" – this is the United Nations' theme for International Women's Day 2016. International women's day is celebrated to recognize the economic, social, and political achievements of women. The first Women's Day was celebrated in February 28, 1909, in New York organized by Socialist Party of America remembering the international Ladies Garment Workers Union's strike. The strike led by Frances Perkins, Anne Morgan, and Alva Vanderbilt Belmont resulted into improved workers' wages, working conditions, and hours.

We have come a long way since then here in the US and gender equality is much better. And many of my women friends know how it is like to work as women. The degree of gender inequality varies by disciplines, by organizations, and of course by location.

In Nepal, we celebrate "Naari Diwas", yet another holiday, a date marked red in calendar. Gender development oriented institutions organize programs. Gender experts deliver excellent lectures, applauds fill up the environment. And they go home. At home, is the real behavioral change we would expect to see, ideally, of course! Next day at work, we all succumb to same old dwelling in gender inequality infested world. We have been so accustomed to gender inequality that it just feels like breathing to discriminate women. You may not believe the variety of gender inequality you can observe, in cities, in villages, in schools, at work. It is ubiquitous.

"What we can do about it?" "It's a social problem." "There is nothing we can do about it." are some of the common remarks we hear in response to gender inequality issues. Well let's be pragmatic here! We can, if we care. If we care enough about the women/girls in our home, we can't stop ourselves from starting one step at a time. If we would like to see a discrimination free environment for the wives and daughters whom we hold so close to our hearts, every time is a right time to start one extra step for their sakes. Think about it people. Think hard what it is that you can do! There is no one size fits all; no silver bullet. Think what unique step you could take to make a difference that you can be proud of. That you can proudly share with your daughter and wife! Your one step would add a lot to a life and believe me that multiplies much more than we could possibly imagine. I urge you the real men out there, leave no regrets; do your share!

To all the amazing women out there, you know that it is you who is in charge! It is you who can change your life than anyone else in this world. So take charge of your life!! Look far ahead into your life, think what you want to be known for when you are winding up your lives, and set goals. Fix your professional goals, set your personal goals. When you have your eyes on those goals of your lives, believe me nothing can falter you. Even the gender discrimination. Work towards the goal with determination, hand in hand with your colleagues, friends and family, and soar high to achieve the goals. Live! Live a just life! Live with enthusiasm!! Live to leave a better tomorrow for forthcoming generation!!! - **Shruti Mishra**

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The Women in my Life

There are a lot of women in my life who have impacted it. First off, I want to recognize Chicago Ama (Maternal Grandma) for teaching me many things like how to cook egg curry, which sad to say, I have forgotten. I will be requesting another meeting soon. She has also taken me to AmPm store to get Slurpee and other junk foods, which I am happy about. But mostly, she has taught me how to be good. In other words, discipline. She won't scold me for doing something wrong. Instead, she sits me down and explains to me why I shouldn't do what I did. Chicago Ama is like a second mother to me.

Next, there is Nepal Ama (Paternal Grandma), who taught me to enjoy fruits...I'm serious! Every day, once I got home from school, there would be a plate of assorted fruits laid out at the table for me. I would have to eat that no matter what. At first, I did what any other 10-11 year old would do-I made a face. I would rather have been eating ice cream or cookies instead of boring old fruit any day! But after a while, I got used to and even looked forward to, the plate of fruit. And while I don't think that the real reason Nepal Ama gave me fruits everyday was to make me like them, I do know that she was doing what was best for me: taking care of me.

There is another woman in my life that I must talk about. She is probably seething right now, after reading the first two paragraphs of this article and not hearing her name mentioned, and that is...Samu(Aunt)! First of all, let me just say, Samu has a great taste in fashion. I enjoy receiving all of her old clothes. She also gives great birthday presents. But, that's not it. Samu is an exact model of who I want to be like when I grow up. Funny and spontaneous. Planner of great outings. And I mean this in no offensive way, lazy. I have never met someone besides Samu, who doesn't cook often, yet is active all the time. And every time we meet, no matter how long, Samu always finds time to take me on a shopping date. Whether it's birthday presents, hand-me-downs, going shopping, or being a great role model, Samu always has something for me.

Alas! How could I forget? The woman who has impacted my life starting from the moment she gave birth to me-Mami! Mami is always encouraging me to do things new, like cleaning. Cleaning is always new to me! Mami always rushes around to fulfill my needs, no matter how time consuming. Whether it is 8:00 at night and I need valentines for my teachers and friends, or if it is 7:00 in the morning and I am running late to school and need a ride, Mami is always running around to make my wishes come true. Whatever it is, Mami never leaves my side.

Thank you to Pratibha Aunti, Thulomamus & Maijus (Aunts), Kabya Dijju, Deepa, and all other women and girls in my life who have provided comfort, joy, and pleasure.

Now, there is not enough space in this document to express my thanks to all the women who have impacted my life in many ways. If you asked me to write a list of every women and every way that they have impacted my life, you would still be waiting for it by the time you go into a nursing home. In the end, what I'm trying to say is, thank you. I believe those two words are the closest I can get, to explaining the impact of these women in my life. Thank You!

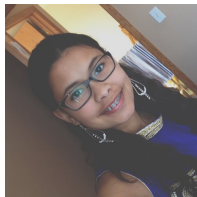
P.S She is not a woman yet, but I believe she deserves recognition. Thank you Koyel Bahini for being a pain in the butt. Without you, I wouldn't be able to come up with really good comebacks. Also, you are fun to instigate and you helped sharpen up my arguing skills. No matter how many fights we have, we will always be sisters. I love you. - **Kunjal Bastola**



She Wants to feel Special

After a long day at work or school, when a woman finds herself surrounded by her loving husband and children...she forgets everything. No matter how successful a woman is, the type of expectation is same. She needs the same amount of time and care. She feels so lucky and blessed to have a caring and loving family. No matter how independent she is, she will still enjoy depending on her husband for a variety of things. She wants to feel special, she likes undivided attention, and she likes to feel safe and loved. Men may find themselves complaining nothing they do is good enough but that is because an element is missing. To tell you the truth, almost all women are very with the support of their family. A woman just wants you to read her mind. She wants you to know that she is tired or not feeling good without saying a word. In conclusion, women like to have their feelings noticed without questions or explanations.

As workingwomen, we feel a responsibility to support our families both financially and emotionally. We must keep ourselves happy in order to keep our families happy because love comes from a happy mom in a way that an unhappy mom cannot provide. A strong woman who keeps a routine and tries to focus on positive things still falls apart sometime. Not all of us are equally strong and brave. We all have our strengths and weaknesses. Stress in our family life is always a deeper problem than a stress at work. You can look for new job and you may find better job too but your family is your responsibility. Keeping all the stress inside and being sad is not a solution. Women in our society hold so many different types of jobs. They are educated, they are smart, they like to learn, they dream big, and they like to manage. - **Jyoti Adhikari (Continued on page 3)**



Hydrogen Cars

From the early days of civilization, humans have been working on new technologies that would make our lives easier. The Romans invented indoor plumbing, Thomas Edison invented the light bulb, and Karl Benz invented the car. All these, along with numerous more inventions are now put to use by many every day. But there is one problem with a number of these creations. They use up energy, most of which come from fossil fuels. Not only does this mean we are slowly running out of our main source of energy, but we are

also leaving harmful footprints on the Earth.

What can we do to lesser our negative effect on this world while still being able to enjoy the things we use every day? The answer is simple. Switch to renewable energy sources, such as the sun, wind, water, and many others. The road to this answer, however, gets a bit more complicated. About ninety-four percent of the commercial energy used in the U.S. comes from non-renewable sources. Making a switch that big all at once is near impossible. That is why we should approach this little by little, starting with the major polluters, cars.

Hydrogen cars are a new and rising technology. What is this weird sounding thing that is being introduced, you ask? Well, they are cars that run entirely on hydrogen. Hydrogen is an element that makes up ninety-one percent of our universe. Cars that use this element don't emit any harmful energy into the air unlike the cars that run on gas. The percent of people using these environmentally friendly cars are predicted to grow over the next few years.

These cars will decrease our pollution of the air and hopefully make the world a better place for its residents. "We do not inherit the Earth from our ancestors, we borrow it from our children." This is a wise adage with an enormous amount of meaning. Why ruin the world that is soon to be the next generation's, when we can erase some of our footprints before we have even made them? - **Shikha Adhikari**



The Man (Who Learned his lesson)

There is a man that was super selfish. He was a bragger and he always says "You cheated" every time someone won a tournament or a challenge. One day the man was going to the mall. The mall was close so he walked there. He heard a man saying that he was saying he wants to challenge a person named Rowley Suben. The man was suppressed, his name Rowley Suben. He told the person who challenged that he was Rowley Suben. The challenger said that whoever swims that pool that's 50 feet long wins and gets \$1000000. The man lost and he never brag. The man said yes and he never bragged in his life. - **Aarogya Regmi**

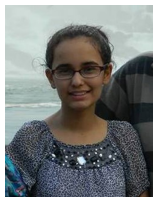
She wants to feel Special (Continued from page 2)

Unlike men, women like to be perfect at work and at home. A family's role comes into play when a married woman with children dreams big. There is a saying that a "dream is valid when it is your own," but for a married woman...a dream is valid when your family understands, supports, and values your dream. Women, especially in our culture, have a habit of caring less for themselves when they are unhappy and I think we should change the way we think before it is too late.

No matter what life throws at us, we must continue to take care of ourselves. If you don't take care of yourself, you cannot take care of your family. We will always be able to pursue both our dreams and our families' dreams if we stay strong and healthy. However, we will drop the ball just as fast if we start to break because we sense a lack of support. I totally understand your expectations from your family and friends but you will have to hold yourself accountable and rise even when no one understands you. Giving up is not an option, so please take care of yourself.

There are so many quotes shared by the women in our community. Few are very simple yet deep and are related to what I am trying to point out. **Pratigya A Bastola** said "Staying strong mentality is everything." **Leena Shrestha** said "Live life to the fullest and focus on positive." **Smarika Sitaula** said "God helps those who help themselves". **Sarana Parajuli** said "Life gives women different roles to play. It is an achievement to find the beautiful meaning of each role." **Pratibha Phuyal** said "Believes on hard work than luck". **Mala Jha** said "you can't belief in God if you don't believe in yourself". **Komal Dutta** shared Wayne Dyer's quote "How people treat you is their karma; how you react is yours". In conclusion, if we continue to find the beautiful meaning of our different roles, take care of ourselves, don't worry about how people treat you, stay strong mentally, and believe in hard work, we will definitely succeed to define our own version of success. I totally agree with **Deepti Dawadi** "Ultimately the choices you make define who you are."

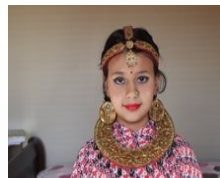
Happy International women's day! Thank you all for your tremendous support! Let's not forget that we are very special and very important to our family and for our community. Let's continue to pray for healthy body, pure mind and civilized society. - **Jyoti Adhikari**



The Harlem Renaissance

Life changed for African-Americans in the 1920s because of the Harlem Renaissance. The renaissance was filled with creative people who wanted their imagination to be seen. They would write/sing/paint etc. about the difficult conditions that African-Americans had lived. Jazz also became popular at this time because it combined African rhythms and blues to create a unique sound. Because of that people would dance The Charleston since jazz is the new style of music. Louis Armstrong was a famous musician at the time. He was a trumpeter, a movie star, and a comedian. Since The Great Migration was taking place, it made African-Americans spread to the North and Midwest. Then as soon as they got settled, people got to experience freedom which made everyone share their experiences from during their slave days creating The Harlem Renaissance where they let their imagination flow. The renaissance would have never been if African-Americans from the South had not come in hopes of renewing their culture.

- **Aarya Regmi**



Unknown

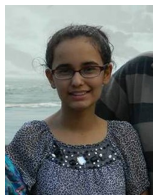
Robot's perspective

If I was a human, I'd be unknown
 If I was a pencil, I'd be untouched
 If I was a marker I'd be dried up
 If I was a chair, I'd be alone
 For if only I had one friend, we would be inseparable

If I was a toy, I wouldn't be played with
 If I was a candy, I'd be untasty
 If I was a photo, I'd be unliked
 If I was a house, I'd be unhappy
 For if only I had one friend, we'd be unique

If I was a glue stick, I'd be unbought
 If I was a hand sanitizer, I'd be all used up
 If I was a canvas, I'd be unpainted
 If I was a turkey, I'd be ungrateful
 For if only I had one friend, we'd be unstoppable

- **Simran Adhikari**



Authors Mood "Lost for Words" by Alice kuipers

In the book "Lost For Words", Alice Kuipers tries to set a mood about hope. She writes about a girl whose sister died in a train bombing that she herself that she was a part of too. "She managed to whisper "It hurts." She took a ragged breathe. And then her eyes rolled. And then everything stopped." After the terrorist bomb the train, people died. Sophie wouldn't let her sister die like everyone else but she was too late. Since the bombing Sophia her mom took it hard and their relationship is ruined. Sophie was in therapy and her mom stop acting like a parent. "Mum called after me. "Join us for lunch, please?" I ignored her and went to my room." But as your mom was trying Sophie wouldn't budge. Then a memorial for people in that train bombing was going to be held and Sophie and her mother made a small tree that represents everything that Emily is. Them doing it together made the mood of hope that Alice Cooper's wanted to set for the readers and characters to happen possible.

- **Aarya Regmi**



To

You tell me not to look at you so intensely.
 How can I ask my adoring eyes to back off their rights.
 You tell me that I am drunk without drinking wine.
 You are the vineyard of beauty.
 My eyes are quenching the thirst.
 My darling you're right I'm drunk, but not as much. Let me be intoxicated and drive in the fragrance filled memory lanes.
 You tell me not to hold your hands too long.
 How can I pacify my desire to count your fingers to eternity ?
 You are the sensation electric and expansive.
 I am a poet of perception.
 I feel the Universe in the fold of your arms.
 We build the stronger than the strongest bridge connecting our hearts.
 Let us burn an incense and offer flowers in the temple of love.
 Let us repeat the rhymes of joy till the end of time.'

- **Tilak Joshi**