



## Welcome to Chicago Chautari Times - 104th Edition



### INSIDE THIS ISSUE:

Editor..	1
Library ..	2
Bhai Tika ..	3
Thanksgiving	3
Tihar Festival..	4
LIFE..	4

### What are our desires and challenges?

We humans by nature are social animal and political in nature. Therefore, individual come together to form groups for fulfilling their many desires and various needs. Interactions we conduct, relationships we build and activities we perform among ourselves is the basis to satisfy our desires and achieve our needs. This is our common experience and we find it binds us all, we unite.

Even a selfless solitaire saint who leave everything and live with bare minimum to survive like company and surround themselves amid people. They desire to do this only to express their views for others that can benefit from hardship in their life. They offer knowledge and wisdom freely and demand nothing for need. They receive reverence and gratitude but may also get a meager return in the form of means for bare livelihood.

So, we know, self-fulfillment and happiness are not found from isolation, not to anyone. We also know from our own experiences that success need to be shared for us to be genuinely happy. It is also true that sharing our success with others have numerous positive effects. It provides motivation, insight and guidance to other for them to learn and succeed. At the same time, it is also a common experience that sorrow and grief, tragedy and turmoil that every one of us must go through in our life at one time or other and no one can be completely free from such life events, also need to be shared with other, whether individually or in a group. Only by sharing and reaching to other for one or another reason help us to release the load we bear from the grief or the challenge. It is a proven fact that we get relief from our failure or sorrow or challenge when we reach out to share.

Without sharing, none of these two common human phenomena or problems, which are part and parcel of our life, neither we can become happy nor our life becomes endurable. We can end up living miserably. Sharing is important. Knowing or understanding the meaning and purpose of our life can be found from seeking company of other in some way. With the company, we can find experience, knowledge and wisdom other possess. Or we see and learn from them how other human being go through their life overtime, how they act and react with various action or inaction, and how they deal with the outcomes, etc.

- Dr. Bishnu Phuyal (Continued on page 3)

### NEWSLETTER TEAM :

Ankur Sharma  
Bishnu Phuyal

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## The Library

I'm a reader. Always have been. So, it's understandable that I go to the library often. But the thing is whenever we go we only go for an hour on average and the library is 15 minutes away. If you do the math this means that I have 30 minutes to get books. On the specific date. I wanted to go on, there was a book I wanted to get. I don't remember the name but I remember that it was a science fiction book that I had been looking for, for some time.

If you've been to the Palatine Library then you know that there are normally 2 people who sit behind the desk next to the 2 computers. 1 behind each computer. These people will help you find a book you are looking for. I didn't have much time so when I wanted to find my book I went to the person behind the desk.

Now I don't know why, but this lady behind the desk seemed pretty old. I didn't want to seem rude though so I just ignored that fact. I asked her to help me find my book. She searched the book title of the computer and found out that the book was in.

We started walking towards the aisle where the book was in, but for some reason she walked to the aisle right next to where the book should be. So basically if the book was supposed to be in aisle 1, she went to aisle 2. I was confused, but I thought it might sound rude if I correct her, so I just went with it. Now the lady is looking at some random shelf in the aisle, and I'm hoping that she realizes her mistake and goes to the correct aisle. But she sadly doesn't. So I have to be like,

"Hey, is that my book see there?"

So I rush over to the next aisle and pretend to be looking for the book.

Now as the lady comes over and also started looking for the book completely unaware of the fact that we are in a different aisle. A few moments later I spot the book on the shelf. I notice she doesn't see it, so I casually yawn and point my arm in the direction of the book. The lady notices where I am pointing and hands me a random book that she pulled out of the shelf she was looking at. She handed me the book, while I contained my annoyance.

"It that what you are looking for," she asked me. She seemed completely unaware about the fact that she gave me the wrong book.

I hesitated for just a second before replying. "Um, yeah it was just the right one." She smiled and started walking away. I waited a few minutes before shoving the book back where she put it. I got the correct book, checked it out and left the library with my dad. It was only in the car did I realize I got the second book in the series.

- **Alok Das**

## Best Wishes to our November- Birthday Stars

### Nov 1 - Aadi and Anya Sharm



### Nov 3 - Jay Sitaula



### Nov 3 - Prisha Parajuli



### Nov 2 - Joben Rana



### Nov 29 - Suvon Gurung





## Bhai Tika

Bhai Tika is an important festival for us Nepalese. In Bhai Tika the sisters put tika on the bhai forehead, then they switch. They offer each other fruits and sweets. After the Tika happens everyone eats and has fun. Tihar is divided into 5 days. The first day is Kaag Tihar then Kukar Tihar. After that is Gai Tihar and Laxmi Puja is day 3. Then it is Govardhan Puja is day 4. Lastly it is Bhai Tika on day 5. We do Bhai Tika because the god Yamraj the god of death visited his sister Yamuna. That day Yamuna applied auspicious tika on Yamraj's forehead. She fed him special dishes. That day they talked, ate, and enjoyed themselves. Then his sister gave him a gift that she made from her hands. Yamraj gave a special gift in return. He said that anyone who got tika from their sisters will not die that day. There are 7 colors of Tika. Red, orange, yellow, green, blue, purple, and white. In Bhai Tika the sisters walk around their brothers 3 times with oil then they walk around dripping water. These 5 days people hang up lights at their houses. In these days people give food to crows, cows and dogs. Sisters and brothers have a healthy and long life. This special festival happens after Dashain. This festive indicates the strong relationship between brother and sister. Tihar is the second biggest holiday for Nepalese after Dashain. Tihar is very important festival in Hindu culture. Did you have a fun Bhai Tika?

- *Aarogya Regmi*

## What are our desires and challenges? - Editorial Continued

All such things that are part and parcel of life of one or more individuals can be found, can be seen, can be heard, can be understood only from mutual communication or from gatherings conducted for one or other purpose or activities. Such actions create networks, mutual bonds, understanding of responsibility, our duty that can bind us with love and compassion, affections and so many other things. We can become virtuous. It is because these things generate clarity inside us, build strength in our character and create values that are very important for everyone to know the value of useful activities and also position our mind towards a higher level of understanding of the meaning and purpose of our life. Only with such common actions in sharing, acting, deliberating, listening, we can help ourselves to see within us and in other so that we understand what we are and how to live and how to become happy.

So, knowledge, strength, health, happiness, success and wisdom can be primarily found from as many common human activities that can be done together. In many ways, it is like accepting everyone as a member of one family. When our family becomes big, we can do big things and we also need bigger places, facilities etc. We can do bigger things unimaginable. This is exactly why we have built various physical facilities and maintained various places wherever we live to provide us necessary means to conduct our activities, our bigger needs. We therefore built big or more of schools, colleges, museums, temples, churches, theaters, and so many others.

We have come to America in small numbers. We were limited then. As more and more of our people begin to come and join us, our numbers grew steadily. By now our number grew and our ability grew. Similarly, our needs are expanding. We wanted to do all those things discussed to be successful and happy. Therefore, we need to establish our networks and build facilities. We need to do this now more than ever to satisfy our growing needs and our desires. We also wanted to share our challenges and success with our people and our friends. We wanted to build our society bigger, better, competent and cultured. We wanted to do many more things. In order to facilitate all these things to happen, our first and foremost goal is to build an adequate facility here in Chicago as soon as possible. It will enable us solutions to many of our needs, it will also become the necessary ingredient in achieving other success that we are dreaming and desiring.

To be continued in the next issue what, where and how a facility built and operated by Nepalese in Chicago will be possible including the challenges in this and how to solve those.—**Dr Bishnu Phuyal**

## Thanksgiving



Crowded parties  
Lots of joy  
We're eating turkey  
In Illinois

Pumpkin pie  
Around the table  
So much food  
How's it stable

Boys are cheering  
For football  
Girls talking  
About Nepal

On this day  
Pilgrims ate  
Because of peace  
We celebrate

- *Simran Adhikari*

### News Flash: Tihar Festival - A Gala Event

Oct 21, 2017 - Nepali American Center successfully held their first ever Tihar Event on Oct 21st, at Plum Grove Park Banquet Hall. Event Planning Core Team members - Sarana Shrestha, Smritee Subba, Rummy Pant and Ankur Sharma worked tirelessly for 6 continuous weeks to bring this event out to you and the event was very well received by all the community members and participants. It was a small effort on the planning team to engage and reunite everyone through this event. The event was like one huge family gathering where everyone was involved to make it successful. Yashu Adhikari and Smarika Sitaula did a splendid job as MC and music coordinator respectively. Needless to say, our kitchen volunteers was fully dedicated to make sure the hot food was served on a timely manner to our guests. Kids, ladies and audience participated in National Anthem and deusi/bhailo programs. We were able to raise about 175\$ as part of our deusi/bhailo program, and as per the tradition, NAC will be honoring all the kids who participated in the program with a small gift of appreciation during the Jan Monthly Puja in the temple. Last but not the least, the event wouldn't be complete, without participation from our NAC Band. They kept the event very lively with their hummable music and beats. **Below are the pictures of the tihar posters created by our Kids. CONGRATULATIONS !**



Prisha Parajuli



Pramsu Parajuli



Romit Jha



Tanya and Priya Agrawal



### LIFE

A mysterious game between birth and death  
 Passing through difficulties and happiness  
 A short magical word that holds our breath  
 Always live your life with cheerfulness.  
 Life is just a single word  
 Fly high like a free bird  
 Never miss a chance to enjoy  
 Live your life with a great joy.  
 Pain and smile, happiness and sorrow  
 Is the part of a beautiful life  
 Without all these we cannot  
 Live a happy and peaceful life.  
 Life is a sweet lie  
 One day everyone has to die  
 Live your days to the fullest  
 With the ones who make you the happiest.

- Sanskriti Phuyal (Kathmandu, Nepal)

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### Best Wishes to our Birthday Stars

Submit your birthday Information with the pictures by via email to [peopleofnepal@gmail.com](mailto:peopleofnepal@gmail.com) by 20<sup>th</sup> of the month, to be included in our next edition.