

OCTOBER 2025  
NEWSLETTER

CHICAGO CHAUTARI  
TIMES - 199th Edition

Dharma protects who  
protect it  
**धर्मो रक्षति रक्षितः**

INSIDE THIS  
ISSUE:

Editorial: Deepawli...	1
Mercy in Death	2
Multiple universe	3
Perfectionism	3
The cycle ...	4
Rooted journey ...	4
About thriller	4
Poetry analysis	5
Griefs room	5
Roal Dahl ...	5
Violin	6

**NEWSLETTER TEAM :**

Ankur Sharma  
Bishnu Phuyal  
Yagna Pant  
Binod Dhungel  
Sarana Parajuli

**CCT YOUTH TEAM:**

Pramsu Parajuli  
Krisha Pandey  
Shristi Hosakote  
Stuti Dhungana  
Ayushka Joshi  
Purnima Pathak  
Anjali Das  
Aditi Khanal



# Chicago Chautari Times

Brought to you by [peopleofnepal.com](http://peopleofnepal.com)



VOLUME 17, ISSUE 7

OCTOBER 2025 NEWSLETTER



## Welcome to Chicago Chautari Times - 199th Edition



### ★ Deepawali Well Wishes and Blessings ★

Our elders wish and bless us all the time. It is more noticeable in social and religious ceremonies. Our neighbors and friends also express greetings and wish good things to us. Likewise, our children, our relatives, our neighbors and friends want the same behaviors from us. Like we want all nice and good things to happen to us, similarly, we have to reciprocate the same way to all of them. Nonetheless, there are exceptions when ill motivated wishes or actions also take place. Such behaviors and even actions happen in all kinds of societies and places. The ill motivated wishes or actions are like curses, the opposite of blessings. If someone wishes bad things to someone else, it is inverse reciprocation.

What we observe in human relationships is that more people reciprocate good for good, less reciprocate bad for bad, fewer wish bad for good and much fewer reciprocate good for bad. Well wishes and blessings are noble, ill wishes and curses are evil and cruel. It is a universal phenomenon found in human dealings applicable to all human beings no matter where they are from.

Good wishes inspire us. It acts like a catalyst to inspire and energize us for positive actions, become creative, uplifting the general condition of self and others, etc. Therefore, such behaviors bring personal success, create atmosphere for peace and tranquility, gain wisdom to see goodness in all things. Presence of silver lining in some of the things that could be bad or harmful can alter the effect in a positive way on expressing good wishes. It generates positivity and leads us to maximize our potential for the good of ourselves and others. If each of us is good, then all become good. What results are not bad. On the other hand, bad wishes are demoralizing, demeaning, hostile, confronting, and so on. Its effect is negative and therefore the darker side of our energy plays to influence ourselves and others negatively. Therefore, the result of ill wishes or actions are certainly discouraging and definitely the misuse of our potential.

In any case, the well-wishes and ill-wishes both alert and awaken us to realize the two sides of our potential and power detrimental to our existence or purpose. Realization of these abilities causes us to act that produce either success, enthusiasm and happiness or produce failures, depression or misery. We must be very serious to use our potential for good, never use for bad. Using our potential for good and restraining negativity prevents us from any harm and leads to happiness.

**- Bishnu Phuyal, Ph.D. (to be continued on page 2)**

Chicago Chautari Times (CCT) has embarked its 17th years of uninterrupted monthly publications from April 2025. CCT would like to express deep gratitude to its subscribers and contributors, especially our young children and youths making this a platform to express their hidden talents via writings and arts.



### Mercy in Death

A merciful death can be defined as the act of intentionally killing someone to put them out of their misery or affliction. A merciful death is seen in the book *Of Mice and Men* by John Steinbeck, where George and Lennie are two travel companions, Lennie has a mental disability, accidentally killing the wife of Curley. George has to balance taking care of Lennie, a job, and saving money for their dream life, and faces a difficult decision that could change the course of their lives and after carefully thinking, he chooses to kill Lennie to put him out of misery. Another example of killing out of mercy is shown in the passage "Daughter Admits 'Attempted Mercy Killing' of Mum", where Susan Hardwick, aged 64, who was struggling with depression and anxiety, attempted to kill her 89-year-old mother by smothering her with a pillow, which the court describes as "attempted mercy killing". She believed her mother was going to be sent to the hospital, where she would suffer poor care, and she did not want her to die alone and in pain, so she decided to try and end her misery and save her mother from suffering by attempting to kill her but failed. Therefore, the act of George killing Lennie is justifiable as clemency.

In other words, the decision of George to kill Lenny was an act of mercy because he had to protect his friend from suffering a cruel death that the other ranch hands would have given him. The passage "Daughter Admits 'Attempted Mercy Killing' of Mum", highlights the reasoning of Susan Hardwick that influenced her actions, stating, "The court heard Susan Hardwick, who has 'significant' mental health problems, 'feared her mother would die alone and in discomfort' ("Daughter"). When the word "fear" is mentioned, it shows how she did not do any of this out of anger or to be cruel, but out of anxiety and care for her mother. The fact that ending the life of one can be an act of mercy rather than actively murdering them shows that killing can be nuanced. The concept of merciful killing is seen in the book *Of Mice and Men* by John Steinbeck, where George is forced to make a difficult choice, which is to kill Lennie, his closest friend, to protect him from a brutal murder by the ranch hands. Reality settles in, and he knows that Lennie will face a brutal death from others, so he decides to spare him from the brutal pain and suffering so, "George raised the gun and steadied it, and he brought the muzzle of it close to the back of Lennie's head. The hand shook violently, but his face set, and his hand steadied. He pulled the trigger...George shivered and looked at the gun, and then he threw it from him, back up on the bank, near the pile of old ashes" (Steinbeck 103-104).

The inclusion of the phrase "shook violently" shows how overwhelmed George is feeling. George had to make his decision to end the life of Lennie was an act of mercy because he had to choose to kill him, as it saved him from the harsh death that the ranch workers would have given him. Furthermore, throwing away the gun reveals how heartbroken he was afterward because he could not face how he had just killed his companion. Overall, both *Of Mice and Men* and the passage "Daughter Admits 'Attempted Mercy Killing' of Mum" show how ending the life of one can be an act of mercy rather than brutally murdering someone. On a larger scale, this suggests that the decision of one being killed can be caused by caring about that person wanting to take them out of their misery, making painful choices to prevent them from further suffering. - **Reeva Baral**

Best Wishes to our October Birthday Stars  
**Aaogya Regmi**  
 - October 21



**Abhya Shrestha**  
 - October 14



**Advik Bajagain**  
 - October 10



**Alisha Pokharel**  
 - October 7



**Angela Bhatt**  
 - October 10



**Avah Shrestha**  
 - October 24



**Jaina Kunwar**  
 - October 20



**Jaiya Kumari Karen Putnam**  
 - October 2



**Jovial Rana**  
 - October 14



**Kunjai Pathak**  
 - October 10



Submit your birthday information with picture by 20<sup>th</sup> of the previous month.

### Contd. Deepawali Well Wishes and Blessings

At the time of Tihar festivals, especially when we clean and light our homes to welcome Goddess Laxmi to bless us for spiritual and material prosperity, let us also wish goodness to each and every one. Let us pray Goddess Laxmi to shower us with continued blessings of spiritual power to be able to spread our love and compassion to all. May Goddess of power, prosperity and wisdom always bless us to recognize our potential and be able to use it for individual and common goods!

- Dr. Bishnu Phuyal



### HOW THE PRANK ENDED FOR CHOLE!

Once upon a time on Halloween night there lived a witch named Chole, Chole liked to scare children day and night on Halloween. One day she had gone to a little girl Antajmals [ant aj am al] house but the Witch thought that Antajmals was a normal little girl but she wasn't she liked to do pranks. So, when the witch came to Antajmals house the witch fell right on her head! Antajmals prank was to make her fall by using a pillow and underneath the evil witch Chole there lived Legos. And that's how the evil witch Chole was defeated.

Next Halloween

Next year little Antajmal was ready to give that witch a lesson, but the thing is that the witch did not come that Halloween. Night came but the witch never came but that was what Antajmals thought, but no the witch was under her bed the hole entire night so when the witch was crawling under the bed Antajmals felt like this Halloween was not different from any other Halloween. So Antajmals was ready she put traps around her house and also one underneath her bed.

- Ruby Phuyal



### The Fast Lane Garden

Time doesn't walk anymore.  
It runs,  
pulling us forward before we can breathe.

We chase grades, trophies, titles,  
as if speed could buy permanence.  
But nothing lasts in the fast lane.  
I wonder how many moments I've missed,  
sitting right beside me,  
while my eyes stayed fixed on the horizon.

The clock rewards urgency,  
yet punishes reflection.  
Every tick asks me to choose  
progress, or presence.  
I have treated life like a race,  
but what if it is a garden?  
The flowers do not bloom quicker  
because I rush past them.  
One day the road will end.  
The finish line is not the prize.  
It is the silence left behind,  
when the engine cuts,  
and I finally notice  
what was always near.

- Krishna Pandey

### Best Wishes to our October Birthday Stars

Manas Rijal  
- October 28



Nilesh Sharma  
- October 12



Paras Bahadur Raghubansi  
- October 7



Prinsa Kumal  
- October 22



Reeva Baral  
- October 17



Rivan Chaudhary  
- October 12



Saurav Bhusal  
- October 15



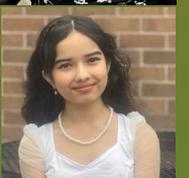
Umang Bhandari  
- October 11



Luniva Shrestha  
- October 13

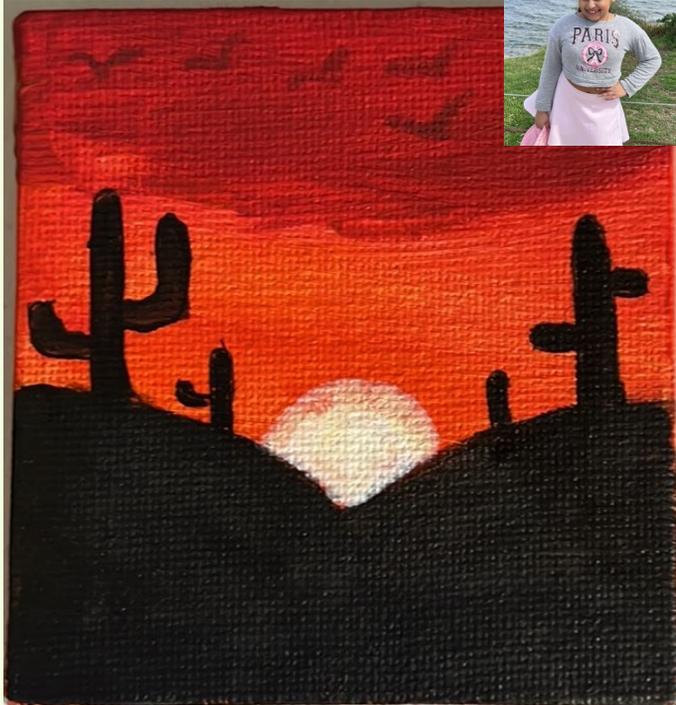


Prabisha Gaire  
- October 1



Submit your birthday information with picture by 20<sup>th</sup> of the previous month.

**Sunset in the desert**



- Srija Kabra

**I AM**



I am Unique and Fierce  
 I wonder what will it be like in 100 billion years from now  
 I hear my heart thumping loudly  
 I see me playing soccer on a perfect green soccer field  
 I am Unique and Fierce  
 I pretend I am a professional and perfect soccer player  
 I feel the rough and black leather of a soccer ball  
 I touch the bumpy and green grass on the soccer field with my soccer cleats  
 I worry about me being very dehydrated by global warming  
 I cry sadly when I break a precious bone  
 I am Unique and Fierce  
 I understand no one person is perfect  
 I say even if you fall down really hard you get back up  
 I dream to be an outstanding and excellent professional soccer player  
 I try to be perfect even no one person is perfect  
 I am Unique and Fierce - **By Neeral Bhandary**



**Dear volleyball**

Dear volleyball, you induce me to be so calm.  
 From a stressful day, to feeling free as a bird  
 While the ball slams against my lower palm.  
 It's hard to know for sure, if this my path,

But one thing's for sure, you vanish my wrath.  
 Going D1 is my dream, but having an extremely Successful and wealthy family line,  
 There's much more to redeem.  
 The bell rings, and we all line up, jogging to go shake  
 Our opponents' hands, as we chant "goodluck!"  
 We stand with our hands out, screaming and cheering,  
 As our coach huddles us up, we prepare for the jeering.  
 Our starting lineup is on, I look back and think about how I've wanted this for so long.  
 First set is over, we jump up and down with a win, 22-25,  
 The other team is getting an angry tangent filled with discipline.  
 Middle of second set, their coach calls timeout,

"T-O-T-O," we chant as our coach smiles and gives us the gameplan,  
 Loud and proud.  
 The timer's ticking, 30 seconds left.  
 The opposing team tips the ball,  
 Our libero rushes to dig it with heft.  
 "4-4-4!" I call, as the setter gets under the ball.  
 Up in the air, high and smooth, as I stare,  
 "All or nothing, kill or continuation." I think,  
 In despair.  
 As I take my approach, I jump as my arms pull back and I swing.  
 The ball slams down, dodging their block, "Out! Out! Out!"  
 Everyone calls, as it falls. On the line it goes, and they all sigh,  
 Ref calls it in, and we're out of time.  
 We got the win - cheering, screaming and I'm still dreaming.  
 All I'm thinking is that you might FINALLY be for me.  
 Dear volleyball ... Thank you for being there for me  
 - **Deeya Phuyal**

**Nepali American Center  
Walk/Bike Picnic 2025 for a cause  
Fund distribution update**

Total income: \$5,497.00  
 Total expense: \$1686.00  
 Total proceeds: \$3811.00  
 Total amount donated to Samaanta Foundation: \$2000.00  
<https://samaantafoundation.org/>  
 Total amount donated to Nepal Institute of Mental Health (includes wire transfer fees): \$750.00  
<https://bit.ly/4oxWhsi>  
 Total amount saved for 2026 walk/bike picnic: \$1061.00

**NAC Temple Fund — October '25  
Summary**

Thank you all for attending August 2025 puja. And thank you for your contribution.  
 Thanks to our sponsors and devotees. Your presence and donation makes it possible to give the continuity to our regular monthly puja and gathering to imitate our religion and culture. Here is the summary of collection from August puja.

Total collection (Cash and Zelle): \$391,  
 (Total expense: \$353 (Temple \$225, Pandit \$50, Misc. \$78), Saving: -\$48

-----  
 Number of NAC Trustees: 33 as of June 25  
 Total assets so far: ~\$200,000

**SHREEJUNG RAI**

**REALTOR®/LOAN OFFICER**

**Helping You Find Your  
Dream Home & Finance It  
Too.**

-  **Home Buying & Selling**
-  **Mortgage Loans & Refinancing**



**CONTACT NOW**

-  773-865-1677
-  shreejung.c21realty@gmail.com
-  shreejungr@spirefinancial.com
-  7300 N Western Ave, Chicago, IL 60645

