

APRIL 2026
NEWSLETTER

CHICAGO CHAUTARI
TIMES - 205TH Edition

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For birthday announcements,
articles, success stories,
quotations, poems, write to us at
peopleofnepal@gmail.com



Chicago Chautari Times

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V O L U M

A P R I L 2 0 2 6 N E W S L E T T E R



Welcome to Chicago Chautari Times - 205th Edition



The Search for an Audience in a World of Scrolling Minds

In the digital age, the number of updates, posts, and messages grows every day. Self publishing sites like: Facebook groups, Instagram stories, YouTube, online forums - every space is overflowing with people trying to express something meaningful and grab attention. It has become incredibly easy to write thoughtful messages and broadcast them to hundreds, thousands and millions of people at once. Yet the irony is hard to miss: as the volume of communication increases, the attention given to each message decreases.

Most people simply don't read long posts anymore Not because they dislike the author, and not because the message lacks value, but because their minds are already crowded. Everyone is carrying their own worries, stories, their own responsibilities, struggles and their own private storms. They scroll quickly, half-present, half-distracted, moving through life with limited mental space. When a carefully crafted message goes unread, it's rarely personal - it's just the reality of modern attention.

Still, authors often feel hurt. They write with sincerity, with a desire to uplift society, with a hope that their words will spark reflection or connection. Before they even hit "post," they imagine a response - likes, comments, engagement. But the readers are in their own world, shaped by their own *swavab*, their own nature and tendencies. The author's intention may be noble, but the reader's mind may be elsewhere entirely.

This is where a deeper understanding becomes important. At the core, every person is the same pure consciousness - one soul expressing itself through different bodies, different personalities, different karmic patterns. The differences we see are only on the surface. Beneath them, the same awareness flows through all beings. When we remember this, it becomes easier not to take things personally. A lack of likes is not a rejection. A lack of response is not a judgment. It is simply the movement of consciousness through different paths and trajectories.

- Yagna Pant (contd page 2)

Chicago Chautari Times (CCT) has embarked its 18th years of uninterrupted monthly publications from April 2026. CCT would like to express deep gratitude to its subscribers and contributors, especially our young children and youths making this a platform to express their hidden talents via writings and arts.

The Search for an Audience in a World of Scrolling Minds (Contd from page 1)

The author writes from one state of mind; the reader receives from another. Sometimes these states align, and a message resonates. Sometimes they don't, and the message passes unnoticed. Neither outcome defines the worth of the author or the value of the message.

In a world overflowing with voices, the wisest approach is to create without expectation. Share because it is your nature to share. Write because it brings clarity to your own mind. Offer your thoughts as a gift, not a transaction. When you remember that you are pure awareness temporarily living inside a physical body, the need for external validation should begin to soften.

And perhaps this is exactly the training path we are meant to walk :) The mind learns to release its craving for recognition, and in doing so, it slowly turns inward. Each moment of disappointment becomes a small lesson in detachment. Each unread message becomes a reminder that your worth is not measured by reactions on a screen. This gentle discipline helps the mind move toward the realization of your own inner being - your true nature that exists beyond praise or neglect.

When you see your creative expression as part of your spiritual practice, the outer world's response loses its power. You begin to understand that the act of creating itself is sacred, and the silence that follows is simply another teacher guiding you back to yourself.

Your words may or may not be read. They may or may not be liked. But your intention, your sincerity, and your inner growth remain untouched. And that is more meaningful than any number of reactions on a screen. And most likely this will be the gauge for our own practice.

- Yagna Pant

Clockwork

in quiet quarters where soft seconds glide
the restless time of the river will not divide
it circles gently through the shifting tide

tick tock, tick tock

the morning bells awake the warming sky
they brighten breezes drifting lightly by
yet time walks on with a calm, unblinking eye

tick tock, tick tock

the stately towers toll their tender tune
their echoes sliding past the pale white moon
they guard the hours, fading all too soon

tick tock, tick tock

the dusky glow descends in amber light
it stirs the stars to shimmer through the night
but time flows forward ever in its might

tick tock, tick tock

brave dreamers reach for days they cannot keep
they chase the memories buried low and deep
but time still moves though mortal hearts may weep

tick tock, tick tock

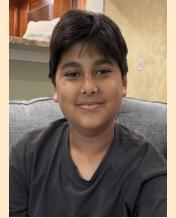
the cycles spin in circles slow and clear
a ceaseless chorus drifting ear to ear
a quiet truth that all must someday hear

tick tock, tick tock

and so the endless breath of time shall roam
through distant realms beyond our fleeting home
forever whispering in a steady tone

tick tock, tick tock

- Syon Gautam





SALLY RIDE

Different things start with people who are brave enough to try it. Sally Ride was an extraordinary person in our history. She changed the way people saw woman by being the first American woman to travel space, working hard to keep the country space program.

Sally Ride was the first American woman to travel space a hard-working astronaut and always helped went needed. These traits show that Sally Ride is an extraordinary person in history.

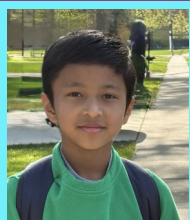
Sally Ride was the first American woman to travel space. Even after many astronauts were boys, Sally Ride continued to be an astronaut. One day when she went to her job, she saw an astronaut training and participated in the job out of 8000 people. Sally was one of the six women chosen by NASA. Then in 1983 she was chosen to be a mission specialist on flight STS – seven of the space shuttle Challenger when the shuttle launched on June 18, 1983. Sally ride became the first American woman to travel space.

Another reason that Sally Ride was an extraordinary person is that she always worked hard. Sally graduated from Stanford university with a Bachelor of arts and English and a Bachelor of science in degree in physics. When she joined NASA, she participated in a class of 37 astronaut trainees. She has served as a ground support crew that was chosen as a mission specialist later.

Sally Ride also helped people in need. Sally was assigned to work at NASA ‘s headquarters in Washington D.C. She also helped create the office of Exploration. Sally Ride was also the first director of the office. She also wrote a widely acclaimed report, entitled Leadership in America’s Future in Space.

Sally Ride proved that anyone could do anything but working hard and determination. She was the first American woman to travel space, a hard worker, and helped people in need. These traits so that Sally Ride is an extraordinary person. Who will be the next person that tries something different?

– Avah Shrestha



Lionel Messi

- Parasmani B. Raghubanshi



Best Wishes to our April Birthday Stars

Aadhya Subedi
- April 11



Alok Das
- April 30



Kritam Dhungel
- April 23



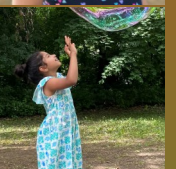
Pascal Adhikari
- April 3



Prisha Joshi
- April 9



Shruti Koirala
- April 15



Jivika Pandey
- April 13



Submit your birthday information with picture by 20th of the previous month.



Cantigny Park: All About Robert R. McCormick

Introduction: Have you ever been to Cantigny Park and got confused on what it is about?

Today, I am going to tell you the history of Robert R. McCormick. History: McCormick’s grandfather was the

first owner of a house in Cantigny Park. Then, he gave it to Katherine, McCormick’s mom. After McCormick was born, he grew up and married Amy. Next, World War I began. McCormick became a colonel. He served in World War I and was very proud. He came back home after World War I and his wife Amy passed away. Then, McCormick married Marylland Hooper. McCormick had no children. So, before he died, he said “Give the park to trust so kids can enjoy, play, and more”. He passed away at the age of 74. The Cantigny Park has so many historic memories like the tanks used in World War I, first division museum and many other things.

Conclusion: Now, have you been to Cantigny Park and watched the history of Robert R. McCormick? I hope you learned all about Robert R. McCormick. See you next time.

- Yug Bikram Gyawali



Tiger Trick

Once upon a time, there was a little girl named Cindy. Her favorite animal was a tiger. One day,

she asked her mom for a pet tiger, but of course, her mom said, “No, Cindy.” Cindy felt upset with her mom.

A couple of months later, on Cindy’s 7th birthday, her mom gave her a cat named Tiger. Tiger looked like a baby tiger, and Cindy was very happy.

One day, Cindy thought her Tiger was acting a little wild and dangerous. Her mom laughed and told her that Tiger was never a real tiger, just a playful cat. Cindy realized the truth, and they both started to laugh and laugh happily ever after.

Thank you,

- Ruby Phuyal

Cute Little Kitten

- Shrija Kabra



Eternity

In my final days I sought to control
hands lit by the fire in my soul
I had watched the gates open with arrogance.

For I knew the only hell
was the lack of heaven at my side.

A cursed selfishness had consumed me

I had wished you to be here

However, you were free.

The gates had opened for you yet you stood and waited
Was it me you thought of?

For you were the only thought in my mind,
as I walked into an eternity without you

- Prisha Parajuli



MY TRIP TO SAURAHA

Last Saturday I went to Sauraha which is a long way from Kathmandu, and I had a lot of fun. Friday night we packed our bags and planned for the trip, I told my parents that we should book a hotel here in home because it will be packed because the new year and there will be a small hotel only but they said no. I packed my bags, and I added 2 Diary of a wimpy kid

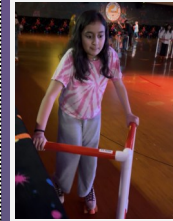
books so I won't be bored in a 6-hour drive. So, I was ready to go the next morning I informed my sister that I won't be going to my morning training tomorrow. So, at 8 o'clock in the morning, my parents started to put our bags in the back of the car and then at 8:14 am we started our trip.

It took one hour just get out of Kathmandu now just imagine how long it will take for 151km with traffic and huge hills, so when we started to go down the hills our car charged because that was a turbine installed inside the car beside the tires and the fiction was used to make electricity and charge the car. So, our car went from 81% to 86%. While it took 3 hours in the hills in those hills we had to face less traffic, we had barely any area to eat so we stopped in a thakali restaurant, and we ate lunch there then we continued our drive and then we went on and on until we got to the plains.

In the plains we went to speeds of 80KMPH and 90KMPH. I also read a book I finished the THE LONG HAUL along the way then we finally reached Sauraha and when we started to book hotels but in 7 star there was no family rooms left, not any other hotels there was only small cottage hotels luckily, we found a good hotel in some time. It was Hotel Monalisa then we went to the riverside and took some pictures and then we decided to go to jungle safari there we saw 2 Rinos and many Deers and also a wild chicken the deer is called spotted deer. After that we stopped in a destroyed hotel which was made for the king back then. But it was closed for a long time and when nature took over it got old and was destroyed but some part of the hotel was left but there was no maintenance for it. Then we went back then we went to an area where there were elephants, I took some pictures there. Then we took our car to a riverside, and me and my father went to the other side only to find a Rino eating grass so we took a picture. Then we went back to the hotel and I did some swimming then we ate dinner and then we went to bed I woke up at 7AM the next day then took a walk outside.

After all that we packed our bags, ate breakfast then went to get our bags and then we checked out of the hotel and then we went to 20K lake and took some pictures and then returned. Then I went to the sunroof and then the hills started I went down to my seat. Then we went to the roads of Muglin and then reached Kurintar where we ate lunch then we went on and on then we got stuck in traffic for a long time finally we reached Kathmandu and there our trip ended.

– ANUP PHUYAL



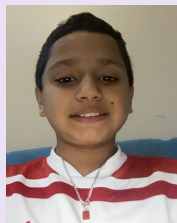
My first roller skating

Namaste,

My name is Riya

Phuyal and I got an invitation from my school to go roller skating. Me and my cousin went together. When we got there, I went to the counter to get skate because I don't have my own pair. I told them what size I was and gave them my shoes so they can hold on to them while I skate. I have only skating once and that was a year ago and I was not very good at it. I put on my roller skates and they were heavy! I used something to hold on while I was skating. I was too scared to go in the rink because it was very slippery, so I practiced on the rug because it was less slippery than the rink. After a while I was getting the hang of it and I tried to go in the rink. It was very hard at first but then it got easier. I fell a couple of times, but I kept on going. It was almost time to go home, and I was starting to get hungry so I asked my dad if we could get pizza because they had food. My dad said we can go to Sam's Club to get pizza because they have bigger ones, so we left and went to Sam's Club. Once we arrived, we got a box of pizza and we each got slushies too. We arrived home and ate our food. It was so yummy! I had a great time! Thank you.

- Riya Phuyal



World War I Letter - Diary of a soldier

- October 12, 1914

Dear diary,

I am alive physically, but inside, I am dead. My experience down in the trenches was horrendous, but at the same time, very memorable. My experience started when the Germans dug trenches, and us British, not knowing how long we would be lasting, dug unfacilitated trenches. In the end, we have been down here for 3 years, and the year is 1917. The soldiers here along with myself, are paranoid, because the fateful end could be lurking and waiting for us. The food is like what you get from garbage cans. It is sloppy and very disgusting to the point where me and my fellow comrades are used to the taste and smell of the food. There are rats that are constantly gnawing on me and my comrades, and last week, I had gotten trench fever because there were lice all around the unsanitary area. The worst part is, trench foot, which contributes to gangrene. Gangrene is a bacterial infection which basically happens to rot parts of the body. My friend had contributed gangrene because the mud down here is covered in manure, since it used to be farmland, and the muddy area makes the feet wet, and the mud, which has manure, is contaminated with bacteria. He luckily had to get only his pinkie amputated because that was the only part contaminated. The boredom here is unlike others, because we have nothing to do. The only thing I do here is write in my diary, and play cards with my fellow comrades. Then there is no man's land. The space in between ours and our enemy trench is called no man's land. It is usually only one to three hundred yards long, but is the most dangerous part of trench warfare. It is where the least amount of survival rate is present because the area is spiked with landmines, the opposition could spray artillery and you find bodies there getting eaten up by rats. It is a nightmare down here, but not all wars are about brutality, blood, and gore. Christmas 1914 is what I recall, the most memorable part of the war, which is when us British and the Germans unofficially cease fired and spent Christmas together. We played football, exchanged gifts and buried the dead. We also sang carols, put up trees, and shared stories. It all ended though, with our high level generals stopping it. Other than that, it has been a pain in the head to fight in the war. I hope me and my fellow comrades make it out alive. – A lost soldier amidst a horrible war!

– Rasik Pant



The Silent Deficiency

The most common vitamin deficiency in the US is vitamin D, but it is also the one most overlooked. The majority of people in the Midwest (~71%) have lower than desirable vitamin D levels in the winter because of low sun exposure.

Low vitamin D is caused by many things. While low sun exposure is one of the most significant factors contributing to low vitamin D levels, it is not the sole cause. Inadequate dietary intake of dietary fat can prevent sufficient absorption of the vitamin because it is a fat-soluble vitamin—meaning it is stored in the body's fatty tissues. Fun fact: the body can store vitamin D for up to 6 months. Darker skin pigmentation and older age also cause lower vitamin D absorption.

While the effects of slightly low levels may just be tiredness and cramps, it can proceed to cause bigger problems. Since vitamin D is necessary for the absorption of calcium and phosphorus from food, the lack of it will result in weakened bones and muscles, which could escalate to conditions like osteoporosis and fractures in adults and rickets in children. Vitamin D causes fatigue 1) because the deficiency impairs cellular energy production and 2) because vitamin D regulates neurotransmitters like dopamine and serotonin. Thus, lacking vitamin D will affect a person's energy levels, mood, and sleep. It can also make you more likely to catch sickness/infections because vitamin D is crucial for regulating both innate and adaptive immune responses. Additionally, the weakened immune response can also lead to skin irritations/acne because low vitamin D increases inflammation.

The deficiency is so silent because it can exist unnoticeably. Its symptoms may start with feelings of being more tired than usual, causing people to call it laziness or the lack of sleep. If you have any of the symptoms, being out in the sun and eating fatty foods like fatty fish, eggs, fortified dairy, and mushrooms can help boost your mood and health. If not enough, taking vitamin supplements may also help. If experiencing extremely low mood and body pain, checking vitamin D levels could help find solutions.

- Ayushka Joshi

Expectations and Inner Peace

Expectation shapes much of human life, often more than we consciously realize. From an early age, we learn to meet the expectations of parents, teachers, and society, and in turn we begin to expect certain responses, behaviors, and validations from others. This constant exchange becomes a subtle psychological script that occupies the subconscious mind. Instead of moving freely through life, we start reacting to these internalized demands, drifting away from a clear sense of who we are beneath roles and obligations. Expectation disturbs tranquility because it keeps the mind leaning forward into what *should* happen rather than resting in what *is*.

From the perspective of a meditator, an expectation is simply a desire we are holding onto. Desire by itself is natural, but when the ego clings to it - when it insists that a particular outcome must occur - it transforms into expectation. This shift creates tension. The mind becomes restless, measuring reality against its imagined version of how things ought to be. The more tightly the ego holds on, the more unstable the inner world becomes. Instead of experiencing life directly, we experience it through the filter of wanting, comparing, and anticipating.

Letting go of expectation does not mean abandoning responsibility or becoming indifferent. It means loosening the grip of ego-driven desire so the mind can return to its natural clarity. When we stop demanding that life conform to our inner scripts, we create space for calmness, insight, and authenticity. A more carefree approach - one rooted in awareness rather than attachment - allows the inner journey to unfold without the constant pressure of meeting or managing expectations.

– Yagna Pant

NAC Temple Fund — April '26 Summary

Thank you all for attending February 2025 puja. And thank you for your contribution.

Thanks to our sponsors and devotees. Your presence and donation makes it possible to give the continuity to our regular monthly puja and gathering to imitate our religion and culture. Here is the summary of collection from August puja.

Total collection (Cash and Zelle): \$1948

Total expense: \$291.09 (Temple \$225, Pandit \$50, Misc. \$16.09), Saving: \$1657

Number of NAC Trustees: 35 as of April 2026

Total assets so far: >\$210,000



My Spring Break Weekend story

On my first day of Spring break, we went on a train to Chicago. It took us 1 hour and 15 minutes. We walked to a tourist attraction called "The Willis Tower". Me and my sister got onto an escalator that took us underground. We walked around and found "The color factory". The first room was a mirror maze. The next room was filled with balloons. There was air and the balloons went up. The next room was a confetti room, there were colorful pink, red, blue confetti everywhere. In the next room, there were separate sub-rooms we had to walk -in and put head sets on. Me and my friend talked through headsets and made some art. It was fun! The last room was my favorite; it was a giant room with a big ball pit with a million green plastic balls inside it. There were two separate slides where we went up and slide down. It was so much fun! They gave us some ice cream too. It was such a fun time with my family!

Then we all went to a nearby Nepali restaurant, where I ate fries and rice. Finally, we walked back to the train station. We were so tired!! THE END.

– Abira Shrestha



FIFA world cup 2026

so

The FIFA world cup is one of the biggest sport events in the world. It happens every four years, all the excitement builds up over time. Every 4 years countries from all over the world come together and compete in soccer and try to win the championship. Millions of people watch the games and it's a very exciting time for fans everywhere. Even if you don't normally watch soccer the World Cup is a game that many people watch.

The 2026 World Cup is going to be special for us because it's going to be hosted by three countries. The United States, Canada, and Mexico. It's also special because it's the first time this tournament will be shared by three nations. Games will be played in different cities across all three countries, so it gives more fans a chance to watch the game in person. That also gives us many chances to watch the game because we live in the United States.

Another big change that's going to be added in 2026 is that there's going to be 48 teams instead of 32. This change means that more countries are going to compete and there will be more games to watch. We will get to see new teams and players, which makes the tournament more exciting.

But then you format a 48 teams more countries will have a chance to qualify and compete. Strong teams like Brazil, France and Argentina are expected to be on top. Because of their history of success and all their talented players. Other teams, including smaller or less well-known countries will also have the chance to play and maybe surprise everyone. Overall, the mix of

experience teams in new competitors will make the 2026 World Cup full of competition and excitement.

The World Cup has a long history. It was first held in 1930 and since then it has grown into one of the most watched events in the world. Over the years many moments have happened including amazing goals and surprising wins. Each tournament adds new memories. And the World Cup has grown ever since 1930 and still will continue to grow.

Hosting the World Cup is a big deal for countries. It brings in a lot of money from tourists who travel to watch the games. Cities often prepared by improving stadiums, transportation and hotels. This tends to help the country even when the tournament is over.

Out of all three countries in the United States will play a major role in hosting the World Cup this year. Many of the games including some of the most important matches will be held in large cities across the country. They're going to be hosted in stadiums in places like New York city. Los Angeles and Dallas are expected to host games because they have big stadiums that can hold thousands of fans.

In conclusion the FIFA World Cup 2026 will be one of the most important and unique tournaments ever held. With three host countries and an expanded team amount of 48 teams the competition will be larger and more diverse than before. The higher level of competition across many games. Overall, the 2026 World Cup will be packed with interesting games and lots of fun.

– Reeva Baral



AI and It's Impact on Environment

Artificial intelligence, or AI, is becoming a big part of everyday life. AI is just trying to mimic the human brain's natural intelligence artificially by creating neural networks using computer algorithms. People use it for things like social media, entertainment, homework help, shopping, daily questions, and even driving cars. While AI can be helpful and exciting, it also has some negative effects on the environment that people don't always think about.

One major problem is that AI uses a lot of energy. In order to work, AI systems need powerful computers and large data centers. These machines run all the time and use huge amounts of electricity. A lot of this electricity still comes from burning fossil fuels, which releases carbon dioxide into the air and contributes

to climate change. Even something simple like asking an AI a question requires energy behind the scenes.

Another issue is water usage. The computers that run AI can get very hot, so they need cooling systems to keep them from overheating. Many of these systems use water, sometimes in very large amounts. This can be a problem, especially in places where water is already limited.

AI also affects the environment through the materials needed to build the technology. Computers, servers, and chips are made using rare minerals that have to be mined from the earth. Mining can damage land, destroy habitats, and pollute water. On top of that, when old technology gets thrown away, it creates electronic waste, which is difficult to recycle and can harm the environment.

– Deeya Phuyal (contd on page ...)

AI and It's Impact on Environment (contd.)

Lastly, AI can encourage people to consume more. For example, recommendation systems suggest products to buy, which can lead to more shopping and more waste. This increases production and shipping, both of which add to pollution.

In conclusion, AI is a powerful tool, but it is not completely harmless. It uses a lot of energy and resources, and it can contribute to pollution and waste. As AI continues to grow, it is important for people to be aware of its environmental impact and find ways to make it more sustainable.

– Deeya Phuyal

Ravi K. Bashyal, MD

Orthopaedic Surgeon, Educator, and OPWALK Nepal Leader



Chicago-based orthopaedic surgeon specializing in hip and knee replacement



With his parents at his wedding, reflecting the family and cultural roots that continue to guide his work



With his family, whose support and connection to community continue to shape his work

About Ravi

Dr. Ravi Bashyal is a Chicago-based orthopaedic surgeon who specializes in minimally invasive hip and knee replacement. He serves at Endeavor Health as Vice-Chair and Director of Outpatient Hip and Knee Replacement Surgery, and he also holds an academic appointment as Clinical Assistant Professor of Orthopaedic Surgery at the University of Chicago Pritzker School of Medicine. He is also Medical Director and Chief Hip and Knee Replacement Consultant for the NBA Retired Players Association.

Education and Training

The proud son of a Nepali father, Ravi grew up understanding how deeply education can shape a life. He attended the University of Illinois on a full academic scholarship and then earned his MD from the University of Pennsylvania School of Medicine. He completed orthopaedic surgery residency at Washington University in St. Louis, where he served as chief resident, followed by fellowship training in adult hip and knee reconstruction at Harvard Medical School and Massachusetts General Hospital.

Connection to the Nepali Community

Ravi has always maintained strong ties to the Nepali community and to his family's roots. Together with his wife, Neha, who is also Nepali, he has remained deeply connected to the community in Chicago and to Nepal itself. For the past 15 years, he has returned to Nepal every year through Operation Walk Chicago, helping expand access to hip and knee replacement care while building lasting partnerships with local surgeons and hospitals.

Leadership in Nepal

What began as a mission focused on providing free joint replacements has evolved into something much more durable: surgeon education and long-term capacity building. Under the OPWALK partnership with Nepal Orthopedic Hospital, Ravi has helped grow the work from performing cases directly to training Nepali arthroplasty surgeons who now provide high-quality care independently. That success has also revealed the next need: training more arthroplasty surgeons across Nepal so expertise can reach patients not only in Kathmandu, but throughout the country.

Honoring a Legacy

Following the passing of his father, Ram Prasad Bashyal, Ravi has worked to honor that legacy through the Ram Bashyal Arthroplasty Fellowship Fund. The fellowship reflects the values that shaped both father and son: education, service, humility, and investing in people so they can lift others. For Ravi, this effort is both deeply personal and profoundly connected to the work he has spent years building in Nepal.

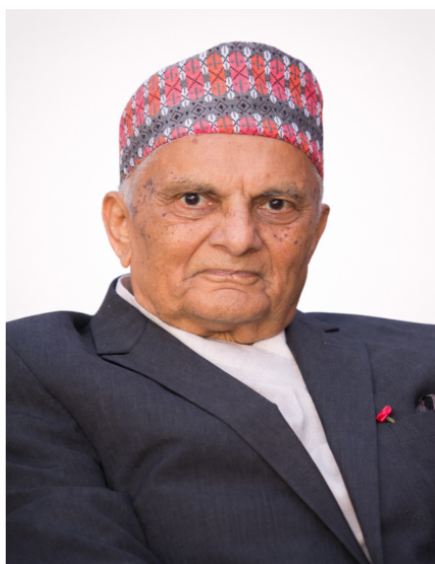
Presented to the Nepali Community of Chicago



The Ram Bashyal Arthroplasty Fellowship Fund

Continuing a Legacy of Education, Service, and Opportunity

As many of you may know, I am an orthopedic surgeon in Chicago. I have been fortunate to benefit from the sacrifices my parents made for education, which allowed me to pursue this path. For the past 15 years, I have also returned to Nepal annually to work with Operation Walk Chicago, helping provide joint replacement surgery and training local surgeons so they can care for patients in their own communities.



Ram Prasad Bashyal (1931–2025)

For decades, Ram Prasad Bashyal devoted his life to one simple but powerful belief: that education can change the course of a life.

Born in rural Nepal, he used his own limited means to help others go to school — supporting not just individuals, but entire generations.

In that same spirit, this fellowship has been created in partnership with Operation Walk Chicago.

For more than 15 years, our work in Nepal has evolved from performing surgeries ourselves to training Nepali surgeons who now independently serve their communities.

This fellowship will support young Nepali orthopedic surgeons with advanced training so they can return home and care for patients across Nepal.

By investing in education, we are building a future of care for generations to come.

Support the Fellowship

Scan the QR code or visit:

http://weblink.donorperfect.com/ram_bashyal_arthroplasty_fellowship

Learn more about our work:

<https://vimeo.com/416780044>

<https://vimeo.com/791718031>



Learn more about our work at Operation Walk Chicago: www.operationwalkchicago.org

Note: Information provided by Dr. Ravi Bashyal, son of late Shree Ram Prasad Bashyal. His introduction is given in previous page.

Website: nepaliamericancenter.org : Email: info@nepaliamericancenter.org,

Donation: donations@nepaliamericancenter.org